

Academic Calendar Report

Dr. Allah Nawaz Abbasi (Associate Professor)

Course:	Surgery-I	Program:	DPT
Batch:	2022-23	Semester/Year:	4th Year - 7th Semester

S.No.	Date	Week	Teacher	Description
1	27/04/2026	Week 1	Dr. Allah Nawaz Abbasi	ORTHOPEdic SURGERY FRACTURES • Definition • Classification • Causes • Clinical features • Healing of fractures
2	29/04/2026	Week 1	Dr. Allah Nawaz Abbasi	ORTHOPEdic SURGERY FRACTURES Complications • Principles of general management of • Fracture of the Upper Extremity • Fracture of the Lower Extremity • Fracture of the vertebral column, thorax and pelvis • Basic and advanced trauma life support.
3	04/05/2026	Week 2	Dr. Allah Nawaz Abbasi	DISLOCATIONS & SUBLUXATIONS • Definition • Traumatic dislocation • General description
4	06/05/2026	Week 2	Dr. Allah Nawaz Abbasi	• Principles of general description & management of traumatic dislocation/subluxation of; o Shoulder joint o Acromioclavicular joint o Elbow joint o Hip joint o Knee joint.
5	11/05/2026	Week 3	Dr. Allah Nawaz Abbasi	SOFT TISSUE INJURIES • Introduction • Anatomy & physiology general description and management of injuries of: • Ligaments • Tendons
6	13/05/2026	Week 3	Dr. Allah Nawaz Abbasi	• Fascia • Bursae • Detailed description of physiotherapy management of individual tissue injuries around: • Shoulder region • Elbow region • Wrist and hand region • Knee region • Ankle region • Muscles and tendons injuries of upper and lower limb
7	18/05/2026	Week 4	Dr. Allah Nawaz Abbasi	• Cervico-lumber injuries • Whiplash of the cervical spine • Crush injuries • Spinal pain • Degenerative and Inflammatory Conditions: • Osteo-orthosis/Arthritis • Spondylosis • Spondylolysis • Pyogenic arthritis • Rheumatoid arthritis
8	20/05/2026	Week 4	Dr. Allah Nawaz Abbasi	• Juvenile arthritis • Tuberculosis arthritis • Gouty arthritis • Haemophilic arthritis • Neuropathic arthritis • Ankylosing spondylitis • Psoriatic arthritis.
9	25/05/2026	Week 5	Dr. Allah Nawaz Abbasi	GENERAL ORTHOPEdic DISORDERS • Carpel tunnel syndrome • Compartment syndromes • Muscular dystrophies • Neuropathies • Avascular necrosis of bone in adult and children • Ischemic contracture • Gangrene • Rickets • Osteoporosis and osteomalacia

S.No.	Date	Week	Teacher	Description
10	20/07/2026	Week 6	Dr. Allah Nawaz Abbasi	• Shoulder pain • Neck pain • Knee pain • Backache • Painful conditions around elbow • Detailed description of : • Orthotics • Prosthetics • Splintage • Traction • POP
11	22/07/2026	Week 6	Dr. Allah Nawaz Abbasi	TUMOURS • Classification • Principles of general management • General description of benign and malignant tumors of musculoskeletal system
12	27/07/2026	Week 7	Dr. Allah Nawaz Abbasi	DEFORMITIES AND ANOMALIES • Definition • Causes • Classification • Congenital and acquired deformities
13	29/07/2026	Week 7	Dr. Allah Nawaz Abbasi	• Physical and clinical and radiological features • Complications • Principles of medical and surgical management of the deformities • General description of following deformities.
14	03/08/2026	Week 8	Dr. Allah Nawaz Abbasi	DEFORMITIES OF THE SPINE • Torticollis • Scoliosis
15	05/08/2026	Week 8	Dr. Allah Nawaz Abbasi	• Kyphosis • Lordosis • Flat back.
16	10/08/2026	Week 9	Dr. Allah Nawaz Abbasi	• Lordosis • Flat back.
17	12/08/2026	Week 9	Dr. Allah Nawaz Abbasi	DEFORMITIES OF THE LOWER LIMB • CDH • Coxavera • Coxavalga
18	17/08/2026	Week 10	Dr. Allah Nawaz Abbasi	• Anteversion • Retroversion • Genu valgum • Genu varum
19	19/08/2026	Week 10	Dr. Allah Nawaz Abbasi	• Genu recurvatum • CDK • Talipescalcaneus equines, varus& valgus
20	24/08/2026	Week 11	Dr. Allah Nawaz Abbasi	• Talipescalcaneovarus • Talipescalcaneovalgus • Talipesequinovarus
21	26/08/2026	Week 11	Dr. Allah Nawaz Abbasi	• Pescavus • Pesplanus
22	31/08/2026	Week 12	Dr. Allah Nawaz Abbasi	• Hallux valgus &varum, • Hallux rigidus and hammer toe.
23	02/09/2026	Week 12	Dr. Allah Nawaz Abbasi	DEFORMITIES OF SHOULDER AND UPPER LIMB • Sprengels shoulder • Cubitusvarum
24	07/09/2026	Week 13	Dr. Allah Nawaz Abbasi	• Cubitusvalgum • Deputryn's contracture.
25	09/09/2026	Week 13	Dr. Allah Nawaz Abbasi	• Healing of fractures • Complications • Principles of general management of
26	14/09/2026	Week 14	Dr. Allah Nawaz Abbasi	revision