

# Academic Calendar Report

## Syed Murtaza Ali (Assistant Professor)

<b>Course:</b>	Therapeutics Exercise & Techniques	<b>Program:</b>	DPT
<b>Batch:</b>	2023-24	<b>Semester/Year:</b>	3rd Year - 5th Semester

S.No.	Date	Week	Teacher	Description
1	30/07/2026	Week 0	Syed Murtaza Ali	CONTRAINDICATION OF AQUATIC EXCERCISE
2	27/04/2026	Week 1	Syed Murtaza Ali	introduction of therapeutic
3	30/04/2026	Week 1	Syed Murtaza Ali	defination related to therapeutic
4	04/05/2026	Week 2	Syed Murtaza Ali	icf model introduction
5	07/05/2026	Week 2	Syed Murtaza Ali	defination of ICF MODEL
6	11/05/2026	Week 3	Syed Murtaza Ali	type of ICF MODEL
7	14/05/2026	Week 3	Syed Murtaza Ali	CLINICAL IMPLEMENTATION OF ICF MODEL
8	18/05/2026	Week 4	Syed Murtaza Ali	FLEXIBILTY EXCERCISE
9	21/05/2026	Week 4	Syed Murtaza Ali	FLEXIBILTY EXCERCISE USES AND BENEFITS
10	25/05/2026	Week 5	Syed Murtaza Ali	TYPE OF FLEXIBILITY EXCERCISE
11	28/05/2026	Week 5	Syed Murtaza Ali	INDICATION OF FLEXIBILITY EXCERCISE
12	20/07/2026	Week 6	Syed Murtaza Ali	BENEFIT OF AQUATIC EXC
13	23/07/2026	Week 6	Syed Murtaza Ali	PHYSIOLOGICAL EFFECT OF AQUATIC EXCERCISE
14	27/04/2026	Week 7	Syed Murtaza Ali	INDICATION OF AQUATIC EXCERCISE
15	30/07/2026	Week 7	Syed Murtaza Ali	CONTRAINDICATION OF THERAPEUTIC EXC
16	03/08/2026	Week 8	Syed Murtaza Ali	BALANCING EXCERCISE

S.No.	Date	Week	Teacher	Description
17	06/08/2026	Week 8	Syed Murtaza Ali	INDICATION OF BALANCING EXC
18	10/08/2026	Week 9	Syed Murtaza Ali	COORDINATION EXCERCISE
19	13/08/2026	Week 9	Syed Murtaza Ali	INDICATION OF COORDINATION EXCERCISE
20	17/08/2026	Week 10	Syed Murtaza Ali	principles of aerobic excercise
21	20/08/2026	Week 10	Syed Murtaza Ali	resistance excercise for impaired muscle performance
22	24/08/2026	Week 11	Syed Murtaza Ali	peripheral joint moblization
23	27/08/2026	Week 11	Syed Murtaza Ali	Stretching exercises for impaired mobility
24	31/08/2026	Week 12	Syed Murtaza Ali	applied sciences of excercise and techniques
25	03/09/2026	Week 12	Syed Murtaza Ali	revision of therapeutic

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