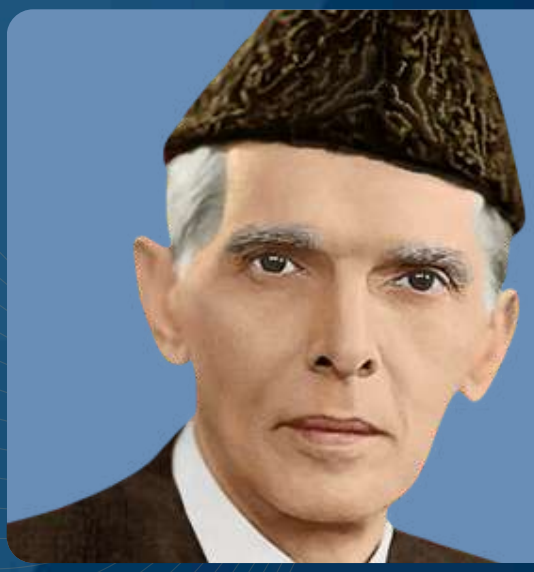
# PEOPLE'S UNIVERSITY

## of Medical & Health Sciences for Women, Shaheed Benazirabad

Prospectus 2026-27





## Quaid-e-Azam
## Muhammad Ali Jinnah
### Founder of Pakistan

## Syed Murad Ali Shah
### Chief Minister Sindh





## Dr. Azra Fazal Pechuho
### Health Minister, Sindh
### Pro-Chancellor Medical Universities

# Message
# Vice Chancellor's

It is a great pleasure and my Scholarly Obligation to write this message for the prospectus of 2026-27 for the students who will be joining this university for admission in Doctor of Physiotherapy (DPT), Doctor of Pharmacy (Pharm-D), Bachelor of Science Public Health (BS PH), Bachelor of Science Nursing (BS Nursing Generic).

Being the head one feel satisfaction to see the Institute growing and students glowing so Alhamdo Lillah we are stepping forward by initiating new courses at undergraduate & postgraduate level.

Universities are to disseminate Knowledge by educating greater proportion of population and to promote research so to contribute in making better health and well being of every individual. Peoples University is struggling hard for quality education and research. We are making strenuous efforts to assist and assemble all modern teaching, training, patient care and research facilities, for this I am thankful to all the faculty members for their valuable input and support to achieve these goals.

The test conducted by the Peoples University of Medical & Health Sciences for Women will only be for the girl's candidates and will be valid for the admission in courses of DPT, Pharm-D, BS PH and BS N, as per merit cum choice of applicants in the respective course and allocation of district seats for the session: 2026-27. I hope the transparent practice and skill fulness of admission system will keep satisfy all the applicants whether they qualify or not. This prospectus will guide the interested candidates during the entire process of admission for session: 2026-27.

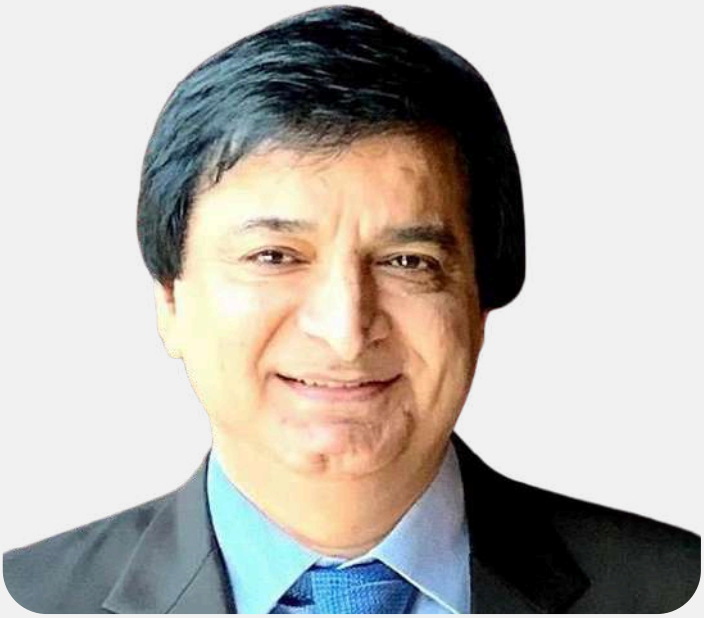
I appreciate the efforts of admission department for their dedicated work throughout a process of admission and keeping the system transparent. I wish a successful admission process in Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad and expect that successful candidates will invest their entire energies towards the acquisition of knowledge and skills in order to become competent efficient and caring member of medical profession.

**PROF. DR. GULSHAN ALI MEMON**
F.R.C.S, M.S, F.A.C.S
Vice Chancellor





**PROF. DR. MUHAMMAD SALEH KHASKHELI**
Pro Vice Chancellor



**PROF. DR. ALI RAZA BROHI**
Dean Faculty of Surgery
& Allied Sciences

# Editor's Note

This prospectus has been prepared to provide information to the candidates desirous of seeking admission in **DPT, PHARM-D, BS (PUBLIC HEALTH) & BS NURSING (GENERIC)** offered by Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad. It contains the details of courses offered by Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad. This prospectus also provides information and details about the rules and procedures of admission, selection criteria, available seats etc. Notwithstanding the brevity of space and size, attempt has been made to cover the most relevant and significant aspects of the whole process of admissions and conduct of courses. It should also be noted that this Prospectus is accurate and up-to-date till the date of its publication. However, the authorities reserve the right to make changes in the rules, or in any other aspect of admission process and conduct / completion of the courses as and when deemed necessary, without prior notice.

**DEAN FACULTY OF SURGERY & ALLIED SCIENCES**
Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad.
Phone: 0244-930424, 0244-930249-55
Extension 2208.
Phone: 0244-930507,
Extension 2206-2268.
E-mail: admission@pumhs.edu.pk

**REGISTRAR**
Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad.
Phone: 0244-930428, 930249-55
Extension 2211.
E-mail: admission@pumhs.edu.pk

# Message

## Dean Faculty of Surgery & Allied Sciences

It's matter of great pleasure to write message on prospectus of Doctor of Physiotherapy (DPT), Doctor of Pharmacy (Pharm-D) Bachelor of Science Public Health (BS PH) and Bachelor of Science Nursing (BS Nursing Generic) batch 2026-27 of People's University of Medical & Health Sciences for Women, And I being Dean Faculty of Surgery & Allied Sciences feel honored.

Indeed, the prospectus will guide the admission process to interested candidates & every details pertaining to admission will be highlighted. I wish the successful admission process being host Dean Faculty of Surgery & Allied Sciences its great responsibility on my shoulder to look after the whole admission process transparently with skillful admission team & system of PUMHS.

I wish & expect successful candidates to invest their entire energies towards the acquisition of knowledge & skill to become competent, efficient medical professionals.



**PROF. DR. ALI RAZA BROHI**

Dean Faculty of Surgery & Allied Sciences

# Message

# Principal

As a Principal of Academics, I feel honour to convey this message to all students and learned Teachers that the “The Knowledge” is the GIFT OF GOD for mankind. As it is revealed from the Devine Book “The Quran” also stated with First- WAHI IQRA, Means to READ. So I wish May ALLAH Bless us with this GIFT in our Generations.



**PROF. DR. MUHAMMAD ALI SUHAIL**

Principal

# Message

# Registrar

It gives me immense pleasure to welcome aspiring students to the Peoples University of Medical & Health Sciences for Women, Shaheed Benazirabad. We shall stand on rising sun through journey of knowledge and discovery and overcome challenges to shape you into first-class professionals. The University will enable you in your growth and success. The University is relatively new, having been upgraded in 2011.

In spite of that faculty comprises highly experienced and respected professionals who have been teaching and training medical students for decades. The experience and wisdom of the senior faculty with enthusiasm have settled this university as a powerhouse of innovation, modernity, and depth of knowledge.

The education you receive shall prepare you to face the challenges of tomorrow as best health professionals. You shall be required to serve the humanity with the compassion and care that PUMHSW students are renowned in educating foreign students when you shall be seen as ambassadors of Pakistan with your outstanding skills and professional behaviour. I wish to emphasize that your hard work will be the vivid star to success your dreams under the auspices of this university. Being Custodian / Registrar, I ensure that you shall receive high quality education enriched with teaching, training, research and true humanism. I hope you will give back your passion and commitment to make PUMHSW the best institution of modern learning.



**ABDUL QADIR MEMON**

Registrar

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# Vision and Aim

People's University of Medical and Health Sciences for Women, Shaheed Benazirabad.

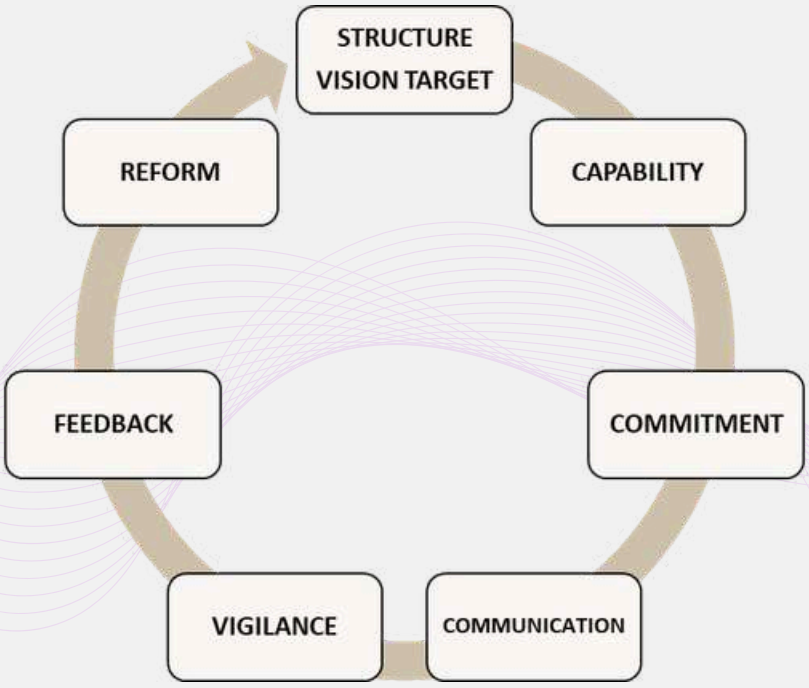
Aims to be one of the country's Leading Academic Medical Institution dedicated to:

- Impart Knowledge
- Promote Research
- Provide Services to Patients and Public across the globe
- To develop Institution as a Center of Excellence.
- To produce Women Medical Professionals according to International Standard.
- To increase significant range of Human Knowledge and understanding through Research of International Excellence
- To provide State of Art Medical Services to Patients of Sindh and Humanity at large
- To continue to make Professional Education available to all regardless of economic or social status

**THE SLOGAN OF THE UNIVERSITY**

***"To Educate Women is to Progress the Nation"***

**THE PUMHSW SUCCESS ROAD MAP**



# Introduction

This prospectus is an introduction to the Rules / Regulations of Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad for admission of students in DPT, PHARM-D, BS Public Health, BS Nursing (Generic) and their examinations etc. This prospectus is revised on yearly basis to update changes.

- The Rules/Regulations as prescribed in this prospectus shall apply to Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad.
- Only girl students are admitted in Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad.
- Peoples University of Medical & Health Sciences Hospital is attached to Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad for imparting clinical teaching to the students. The clinical Professors / Associate Professors / Assistant Professors / Sr. Registrars of the institution are also consultants to the attached teaching hospital.
- Rural Health Centre Punhal Khan Chandio is also attached to this University for imparting primary health care teaching and services.
- Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad offers a Five years study course which leads to the award of DPT and Pharm-D Degree & Four years study course leading to award of BS Public Health & BS Nursing study course of the University.
- Students on the role of Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad will be bound to abide by the rules and regulations as laid down in this prospectus and such changes issued thereafter from time to time.



# Historical Background

## GLIMPSE OF PUMHS AT GLANCE

With passion vision of Shaheed Zulfikar Ali Bhutto the premier Medical College exclusive for girls, came into existence in April 1974 at Nawabshah with the name of Peoples Medical College. About 8,235 lady doctors have been graduated from this College so far. Postgraduate training in this institute started in 2004 and since than about 2,042 postgraduate trainees has imparted training in various specialties.

Initially this College was temporarily housed in portion of District Council High School consisting of a couple of hostels and auditorium (Latif Hall) along with the main building of Muslim Boarding House. The first batch was admitted with an approximate enrollment of about 100 students. Soon after the District Hospital was attached to the college for the purpose of clinical teaching.

Peoples University of Medical & Health Sciences for Women, Nawabshah, Shaheed Benazirabad was established by Act of Government of Sindh 2009 dated 21-12-2009, Governor of Sindh & Chancellor given Ascent on 10-11-2010.

Vice Chancellor, Peoples University of Medical & Health Sciences for Women,
**Prof. Dr. Gulshan Ali Memon.**

Examination Branch is established with three sections, Conduct Branch, Secret Branch & Top Secret Branch having optical marker & photocopier along with computer & printer. Now the examination is conducted by Peoples University of Medical & Health Sciences for Women, Nawabshah (SBA), maintaining the secrecy & credibility. 200 acres of land had been purchased 3.5 km away the outskirt of Nawabshah. The boundary wall is constructed. Examination Centre is under construction and near to completion and so is the institute of Physiotherapy & Rehabilitation Sciences.

The Deans of Basic Medical Sciences, Medicine & Allied Sciences, Surgery & Allied Sciences and Community Health Sciences are appointed as per act, and we have a fully saturated qualified faculty to deliver their best. During infancy period of PUMHS we have established the Institute of Physiotherapy & Rehabilitation Sciences in 2012, Begum Bilqees Sultana Institute of Nursing in 2012, Institute of Pharmaceutical Sciences in 2014 and Institute of BS Public Health Sciences in 2016.

# Historical Background

## BASIC DEPARTMENTS

The University has 2 academic blocks. One includes Anatomy, Physiology and Biochemistry departments with air-conditioned Dissection Hall and Seminar rooms, while the other one includes Pharmacology, Pathology, Community Medicine and Forensic Medicine departments along with Administration offices, Central Museum, Skill Lab, Digital Telephone Exchange, Three Fully air-conditioned Lecture Halls and air-conditioned Seminar rooms. The old Latif hall was demolished and new graceful building was erected having Vice Chancellor's Secretariat with Academic Council Hall and Teacher's Common room at the ground floor & capacious 850 seated fully air-conditioned Latif Hall at first floor. The existing two storied library has at present about 18,000 reference books and 48,000 text books and various new editions of medical journals. New Learning Resource Centre (LRC) and I.T Department are also established with 100 computers, CD-ROM & Multimedia facilities and Internet access.

## CLINICAL DEPARTMENTS

The clinical departments includes Medicine, Surgery, Gynae & Obs, ENT, Ophthalmology, Anesthesiology, Orthopedics, Pediatrics, Cardiology, Chest Diseases, Psychiatry, Dermatology, Neurology, Radiology (Ultrasonography / C.T. Scanning, MRI), Neurosurgery, Urology, Nephrology & Pead's Surgery. The attached Peoples University of Medical & Health Sciences Hospital has total bed strength of 875 at present.

A modern C.P.S.P regional center is also discharging their academic obligations under MoU with PUMHS in the very premises of this University, Which is fully Air-Conditioned with Digital Library and internet facilities, Multipurpose Hall.

## FOREIGN / NATIONAL STUDENTS

The total number of students at present is 2314 from first year to final year MBBS, DPT, Pharm-D, BS Public Health & BS Nursing. On the teaching faculty side there are 44 sanctioned posts of Professors, 47 Associate Professors, 86 Assistant Professors, 31 Senior Registrars, 34 Senior Lecturers & Lecturers 75.

# Historical Background

## POSTGRADUATE COURSES

This University is permanently recognized by PM&DC & HEC for postgraduate courses in all specialties including FCPS, MS. (Surgery, Eye, ENT, Gynae & Obs, Neurosurgery, Orthopedics & Urology), M.D (Medicine, Pediatrics & Cardiology), D.C.P, D.G.O, D.C.H, D.O, DA, D.L, D.C.P.S, M.Phil. (Anatomy), M.Phil. (Physiology), M.Phil. (Biochemistry), M.Phil. (Histopathology), M.Phil. (Microbiology), M.Phil. (Pharmacology), MPH (Community Medicine), and are regularly conducted at PUMHSW, Nawabshah (SBA). The undergraduate & postgraduate examinations comprise with BCQ, short essay and long essay practicals with OSPE / OSCE, Long & Short cases.



# Admin / Academic Support

| | NAME AND DESIGNATION | OFFICE | |
|---|---|---|---|
| | | TELEPHONE NO. | FAX NO. |
| 1. | **VICE CHANCELLOR** | | |
| | Prof. Dr. Gulshan Ali Memon<br>MBBS, MS, FRCS, FACS, FCPS | 0244-930260<br>0244-930249-55<br>Ext: 2201 | 0244-930263 |
| 2. | **PRO-VICE CHANCELLOR / HEAD OF DEPARTMENT OF ANASTHESIOLOGY** | | |
| | Prof. Dr. Muhammad Saleh Khaskheli<br>MBBS, FCPS, MSc (Pain Medicine) | 0244-930424<br>0244-930249-55<br>Ext: 2208 | 0244-930424 |
| 3. | **DEAN FACULTY OF SURGERY AND ALLIED SCIENCES** | | |
| | Prof. Dr. Ali Raza Brohi<br>MBBS, FCPS, FEBPS, FACS, Dip. MAS | 0244-930507-56<br>Ext: 2206 | |
| 4. | **DEAN FACULTY OF MEDICINE AND ALLIED SCIENCES** | | |
| | Prof. Dr. Ali Akbar Siyal<br>MBBS, MCPS, DCH, FCPS | 0244-930249-56<br>Ext: 2281 | |
| 5. | **DEAN FACULTY OF BASIC MEDICAL SCIENCES** | | |
| | Prof. Dr. Ghulam Mustafa Dahri<br>MBBS, M.Phil. | 0244-930249-55<br>Ext: 2239 | |
| 6. | **DEAN FACULTY OF COMMUNITY HEALTH SCIENCES** | | |
| | Prof. Dr. Noor Ali Alias Ghazanfar Ali Samoon<br>MBBS, MPH | 0244-930249-55<br>Ext: 2225 | |
| 7. | **PRINCIPAL** | | |
| | Prof. Dr. Muhammad Ali Suhail Memon<br>MBBS, MS, FCPS | 0244-930249-55<br>Ext: 2216 | |
| 8. | **REGISTRAR** | | |
| | Mr. Abdul Qadir Memon<br>Master's in Muslim History,<br>Master's in International Relations,<br>Master's in English Literature. | 0244-930428<br>0244-9370249-55<br>EXT: 2211/2331 | 0244-930428 |

# Admin / Academic Support

| | NAME AND DESIGNATION | OFFICE | |
|---|---|---|---|
| | | TELEPHONE NO. | FAX NO. |
| 9. | DEAN FACULTY OF PHARMACEUTICAL SCIENCES | | |
| | Prof. Dr. Hamid Ali Kazi<br>PhD | 0244-930249-56<br>EXT: 2284 | |
| 10. | DIRECTOR QUALITY ENHANCEMENT CELL | | |
| | Prof. Dr. Farheen Shaikh<br>MBBS, M.Phil, PhD | 0244-930249-56 | |
| 11. | CONTROLLER OF EXAMINATION (UNDERGRADUATE) | | |
| | Dr. Anita Shah<br>MBBS | 0244-930249-55<br>EXT: 2200 | |
| 12. | DIRECTOR ORIC | | |
| | Dr. Altaf Hussain Memon<br>MBBS, M.Phil, (Ph.D. Scholar) | 0244-930249-56 | |
| 13. | DIRECTOR STUDENT AFFAIRS | | |
| | Dr. Shahida Baloch<br>MBBS, MS | 0244-930249-56 | |
| 14. | CHAIRMAN INSTITUTE OF PHARMACEUTICAL SCIENCES | | |
| | Prof. Dr. Jabbar Abbas<br>PhD | 0244-930249-56<br>EXT: 2284 | |
| 15. | CHAIRMAN INSTITUTE OF PHYSIOTHERAPY REHABILITATION SCIENCES | | |
| | Prof. Dr. Bahadur Ali Mangi<br>PhD | 0244-930249-56<br>EXT: 2284 | |
| 16. | CHAIRMAN OF BEGUM BILQEES SULTANAINSTITUTE OF NURSING (B.B.S.I.O.N.) | | |
| | Mr. Saifullah Mahar<br>Diploma in G. Nursing, BSc.N (Post-RN), Diploma in Psychiatric Nursing, MS. Nursing | 0244-930249-55<br>Ext: 2285 | |

# Admin / Academic Support

| | Name and Designation | Office | |
|---|---|---|---|
| | | Telephone No. | Fax No. |
| **17.** | **DIRECTOR FINANCE** | | |
| | Mr. Adil Rasheed<br>MA (Economics), MBA (Finance) | 0244-930059<br>0244-930249-55<br>Ext: 2214 | 0244-930059 |
| **18.** | **PROJECT DIRECTOR** | | |
| | Engr. Dur Muhammad Mangi<br>B.E (Civil),<br>M.E (Construction Management) | 0244-930427<br>0244-930249-55<br>Ext: 2267 | |
| **19.** | **DIRECTOR DEPARTMENT OF INFORMATION TECHNOLOGY (I.T)** | | |
| | Mr. Ayaz Ahmed Qureshi<br>M.Sc. (Computer Technology),<br>M.S (I.T) | 0244-930249<br>Ext:2244 | |
| **20.** | **SENIOR LIBRARIAN** | | |
| | Mr. Abdul Sattar Mahar<br>MLS | 0244-930249-55<br>Ext:2241 | |
| **21.** | **INCHARGE Q-BANK** | | |
| | Prof. Dr. Bashir Ahmed Khuhro<br>MBBS, FCPS | 0244-930249-55<br>Ext: 2365 | |
| **22.** | **DEPUTY DIRECTOR ADMISSIONS** | | |
| | Mr. Yasir Saeed Wagan<br>M.Com | 0244-930507,<br>0244-930249-55<br>(Ext:2206, 2268) | |

# Objectives

The candidate who aims at taking up the degree courses should be by character and aptitude capable of profiting from instructions at University level. The main objective of these courses is to provide students with a thorough grasp of fundamentals on which modern Medical Sciences are based. Theoretical instructions are supplemented with relevant experimental work in the wards, laboratories and field Comprehensive instructional programs are designed to stress the rational and analytical approach to medical health problems. They prepare young professionals who may choose to practice either in the field or to undertake advanced studies and research.

# Teaching Departments

## DEAN, FACULTY OF BASIC & ALLIED SCIENCES

## PROF. DR. GHULAM MUSTAFA DAHRI

| ANATOMY DEPARTMENT | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Alina Saqib | Professor / Chairperson / Inspector of Colleges |
| 2. | Dr. Mujeeb-ur-Rehman Sahito | Associate Professor |
| 3. | Dr. Qurat-ul-Ain Zardari | Associate Professor |
| 4. | Dr. Asad Ali Zardari | Assistant Professor |
| 5. | Dr. Mumtaz Hussain Solangi | Assistant Professor |
| 6. | Dr. Uzma Ilyas | Assistant Professor (A.T.W) |
| 7. | Dr. Sameena Rasheed | Assistant Professor (A.T.W) |
| 8. | Dr. Muhammad Ali Memon | Senior Lecturer |
| 9. | Dr. Kaneez Fatima | Lecturer |
| 10. | Dr. Misbah Zahoor Junejo | Lecturer |

| PHYSIOLOGY DEPARTMENT | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Tabinda Taqi | Professor / Chairperson |
| 2. | Prof. Dr. Hajira Naila Rahu | Professor |
| 3. | Dr. Bhojo Mal Tanwani | Associate Professor |
| 4. | Dr. Altaf Hussain Memon | Associate Professor / Director ORIC (A.T.W) |
| 5. | Dr. Altaf Khan Pathan | Assistant Professor |
| 6. | Dr. Rehnaz Shaikh | Assistant Professor |
| 7. | Dr. Syed Ghulam Mujtaba Shah | Assistant Professor (A.T.W) |
| 8. | Dr. Nida Noor Khaskheli | Assistant Professor (A.T.W) |
| 9. | Dr. Iftikhar Ali | Lecturer |

# Teaching Departments

| BIOCHEMISTRY DEPARTMENT | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Farheen Shaikh | Professor / Director QEC / Chairperson |
| 2. | Prof. Dr. Habibullah Shaikh | Professor |
| 3. | Dr. Aneel Kapoor | Associate Professor |
| 4. | Dr. Faryal Adnan | Assistant Professor |
| 5. | Dr. Mahak Memon | Assistant Professor |
| 6. | Dr. Nosheen Zardari | Assistant Professor (A.T.W) |
| 7. | Dr. Bhagwani | Assistant Professor (A.T.W) |
| 8. | Dr. Amjad Ali Bhatti | Senior Lecturer |
| 9. | Dr. Zeeshan Asad Dahri | Lecturer |
| 10. | Dr. Shakila Bano Qureshi | Lecturer |
| 11. | Dr. Murk Zardari | Lecturer |

| PATHOLOGY DEPARTMENT | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Amin Fahim Memon | Professor / Chairman |
| 2. | Prof. Dr. Ghulam Shah Nizamani | Professor |
| 3. | Dr. Ameer Abbas Ali Buledi | Professor |
| 4. | Dr. Raima Kalhoro | Associate Professor |
| 5. | Dr. Kousar Parveen | Assistant Professor |
| 6. | Dr. Waseem Akram Zardari | Assistant Professor |
| 7. | Dr. Lareb Memon | Assistant Professor |
| 8. | Dr. Sadia Bukhari | Senior Lecturer |
| 9. | Dr. Shabana Memon | Senior Lecturer |
| 10. | Dr. Muhammad Alias Noor-e-Mustafa | Lecturer |
| 11. | Dr. Najma Parveen | Lecturer |
| 12. | Dr. Aamir Ali Akhund | Lecturer |
| 13. | Dr. Hina Memon | Lecturer |
| 14. | Dr. Javeria Solangi | Lecturer |
| 15. | Dr. Arooj Ali | Lecturer |
| 16. | Dr. Shahnaz Keerio | Lab: Demonstrator |

# Teaching Departments

| FORENSIC MEDICINE DEPARTMENT | | DESIGNATION |
|---|---|---|
| 1. | Dr. Pardeep Kumar | Associate Professor / Chairman |
| 2. | Dr. Sultan Rajper | Assistant Professor |
| 3. | Shazia Mughal | Lecturer |
| 4. | Dr. Pushpa | Lecturer |
| 5. | Dr. Fozia Feroze | Demonstrator (On Rendered Basis) |

| PHARMACOLOGY DEPARTMENT | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Ghulam Mustafa Dahri | Professor / HoD<br>Dean, Faculty of Basic & Allied Sciences |
| 2. | Dr. Noureen Irum | Associate Professor / Chairperson (A.T.W) |
| 3. | Dr. Yasmin Shaikh | Assistant Professor |
| 4. | Dr. Rukhsana | Assistant Professor (A.T.W) |
| 5. | Dr. Farzana Memon | Assistant Professor (A.T.W) |
| 6. | Dr. Ali Gul Solangi | Senior Lecturer |
| 7. | Dr. Irfan Ali Ranjhani | Lecturer |
| 8. | Dr. Dhanesh Kumar | Lecturer |
| 9. | Dr. Zaheera Yousif Memon | Lecturer |
| 10. | Dr. Aisha Asad Memon | Lecturer |

| SKILLS LAB | | DESIGNATION |
|---|---|---|
| 1. | Dr. Sarosh Gohar | Senior Instructor Skill Lab |
| 2. | Dr. Tehmina Afzal Rajput | Instructor Skill Lab |
| 3. | Dr. Rabail Bashir Shaikh | Instructor Skill Lab |

| PEOPLE INSTITUTE OF TECHNOLOGY IN HEALTH (PITH) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Rafique Ahmed Sahito | Principal (Rendered Basis) |
| 2. | Prof. Dr. Masood Nabi Noor | Professor (Rendered Basis) |
| 3. | Ms. Noor-ul-Ain Sahito | Assistant Professor (English) |
| 4. | Dr.Mahwish Memon | Lecturer / Demonstrator in Biochemistry (Rendered Basis) |
| 5. | Dr. Qurat-ul-Ain | Lecturer/Demonstrator in Physiology (Rendered Basis) |
| 6. | Ms. Aisha Suhail Memon | Lecturer/Demonstrator of Pakistan Studies (Rendered Basis) |
| 7. | Ms. Aisha Mehmood | Lecturer/Demonstrator of Islamiyat (Rendered Basis) |

# Teaching Departments

## DEAN, FACULTY OF COMMUNITY HEALTH SCIENCES

## PROF. DR. NOOR ALI ALIAS GHAZANFAR ALI SAMOON

| COMMUNITY HEALTH SCIENCES & INSTITUTE OF PUBLIC HEALTH | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Noor Ali Alias Ghazanfar Ali Samoon | Professor / Dean Faculty of Community Heath Sciences |
| 2. | Prof. Dr. Jawaid Hussain Leghari | Professor/ Chairman |
| 3. | Dr. Abdul Manan Soomro | Associate Professor |
| 4. | Dr. Gotam Kumar | Associate Professor (A.T.W) |
| 5. | Dr. Muhammad Siddique Rajput | Associate Professor (A.T.W) |
| 6. | Dr. Riaz Ahmed Mangi | Associate Professor (A.T.W) |
| 7. | Dr. Imran Mirbahar | Assistant Professor |
| 8. | Dr. Parus Saleem Faiz | Assistant Professor |
| 9. | Dr. Ruqayya Ayoub Chandio | Assistant Professor |
| 10. | Dr. Sher Muhammad Chandio | Assistant Professor |
| 11. | Dr. Abdul Jabbar Kandhro | Assistant Professor Chemical Sciences (On Rendered Basis) |
| 12. | Dr. Zenab Shumaila | Assistant Professor (A.T.W) |
| 13. | Dr. Benazir Maria | Senior Lecturer |
| 14. | Dr. Khadim Ali Majeedano | Senior Lecturer |
| 15. | Dr. Mehwish Chandio | Lecturer |
| 16. | Dr. Nosheen Rathore | Lecturer |
| 17. | Dr. Akhlaque Hussain Magsi | Lecturer |
| 18. | Dr. Sanam Soomro | Lecturer |
| 19. | Dr. Saqiba Khalil | Lecturer |
| 20. | Dr. Nasreen Shah | Lecturer |
| 21. | Ms. Nadia Soomro | Health Education Officer |
| 22. | Ms. Uzma Abbasi | Health Education Officer |
| 23. | Mr. Muhammad Sikandar Arain | Statistician |

# Clinical Departments

| DEPARTMENT OF MEDICINE (UNIT-I) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Anwar Ali Jamali | Professor / HoD / Chairman & Director Medical Education |
| 2. | Prof. Dr. Mujahid Ali Chandio | Professor |
| 3. | Dr. Syed Sibtain Ali Shah | Assistant Professor & In-charge |
| | Dr. Ghulam Mustafa Jamali | Assistant Professor |
| | Dr. Sadam Hussain | Assistant Professor |

| DEPARTMENT OF MEDICINE (UNIT-II) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Nasrullah Aamer | Professor / In-Charge Medicine Unit-II |
| 2. | Dr. Ashok Kumar Lohano | Associate Professor |
| 3. | Dr. Muhammad Saleem Rind Baloch | Associate Professor |
| 4. | Dr. Afshan Noureen | Assistant Professor |

| DEPARTMENT OF MEDICINE (UNIT-III) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Abdul Aziz Sahito | Professor / In-Charge Medicine Unit-III |
| 2. | Dr. Waseem Raja Memon | Associate Professor |
| 3. | Dr. Muhammad Zarrar Rajput | Assistant Professor |

| DEPARTMENT OF MEDICINE (UNIT-IV) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Bashir Ahmed Khuhro | Professor / In-Charge Medicine Unit-IV |
| 2. | Dr. Mir Tahir Hussain | Associate Professor (On Ex-Pakistan Lien) |
| 3. | Dr. Mukhtiar Ahmed Abro | Associate Professor |
| 4. | Dr. Shahzad Memon | Assistant Professor |
| 5. | Dr. Kehf Badar | Assistant Professor |

| DEPARTMENT OF GASTROENTEROLOGY | | DESIGNATION |
|---|---|---|
| 1. | Dr. Mohsin Ali Memon | Assistant Professot |
| 2. | Dr. Riaz Hussain Khokhar | Assistant Professor |
| 3. | Dr. Arshad Ali | Senior Registrar |
| 4. | Dr. Shakir Hussain Keerio | Senior Registrar |

# Clinical Departments

| DEPARTMENT OF PEDIATRICS MEDICINE | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Ali Akbar Siyal | Professor / Dean Faculty of Medicine & Allied Sciences |
| 2. | Prof. Dr. Naseer Ahmed Memon | Professor |
| 3. | Prof. Dr. Ameer Ali Jamali | Professor / Chairman |
| 4. | Dr. Azizullah Langah | Associate Professor |
| 5. | Dr. Asif Nadeem Jamali | Associate Professor |
| 6. | Dr. Habibullah Siyal | Associate Professor |
| 7. | Dr. Sania Haider | Assistant Professor |
| 8. | Dr. Munawar Ali Siyal | Assistant Professor (A.T.W) |
| 9. | Dr. Karam Ali Khushik | Assistant Professor (A.T.W) |
| 10. | Dr. Arshad Ali Lakho | Assistant Professor (A.T.W) |
| 11. | Dr. Siraj Nabi Depar | Assistant Professor (A.T.W) |

| DEPARTMENT OF CARDIOLOGY | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Qurban Ali Rahu | Professor / Chairman |
| 2. | Prof. Dr. Jagdesh Kumar | Professor |
| 3. | Prof. Dr. Imran Ellahi Soomro | Professor |
| 4. | Dr. Ghulam Fareed Shah | Assistant Professor |
| 5. | Dr. Muhammad Khan Soomro | Assistant Professor |
| 6. | Dr. Ahmed Ali Phulpoto | Assistant Professor |
| 7. | Dr. Shah Nawaz | Senior Registrar |
| 8. | Dr. Attia Ayoob | Senior Registrar |

| DEPARTMENT OF DERMATOLOGY | | DESIGNATION |
|---|---|---|
| 1. | Dr. Maria Naseer Memon | Assistant Professor |

| DEPARTMENT OF NEUROLOGY | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Awais Bashir Larik | Professor / Chairman |
| 2. | Dr. Noor Nabi Siyal | Associate Professor (Medicine) |
| 3. | Dr. Zafarullah Phull | Assistant Professor (Medicine) |
| 4. | Dr. Komal | Assistant Professor (Medicine) |
| 5. | Dr. Majid Ali Khand | Senior Registrar |

# Clinical Departments

| DEPARTMENT OF PSYCHIATRY | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Motiram Bhatia | Professor / Chairman |
| 2. | Dr. Fahad ul Zain | Assistant Professor |

| DEPARTMENT OF NEPHROLOGY | | DESIGNATION |
|---|---|---|
| 1. | Dr. Naveed Sattar Shaikh | Associate Professor / In-Charge (Dialysis) / Chairman of Nephrology Department |

| DEPARTMENT OF CHEST MEDICINE / PULMONOLOGY | | DESIGNATION |
|---|---|---|
| 1. | Dr. Muhammad Ramzan Panhwar | Associate Professor / In-Charge Dialysis & Chairman of Chest Medicine Department |

# Clinical Departments

## DEAN, FACULTY OF SURGERY & ALLIED SCIENCES

## PROF. DR. ALI RAZA BROHI

| SURGICAL (UNIT-I) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Syed Kashif Ali Shah | Professor |
| 2. | Dr. Sajjad Hussain Qureshi | Associate Professor |
| 3. | Dr. Shahida Perveen | Associate Professor / Director Student Affairs |
| 4. | Dr. Shahnawaz Laghari | Associate Professor |
| 5. | Dr. Lal Shah | Assistant Professor |
| 6. | Dr. Abdul Rahim Memon | Assistant Professor |

| SURGICAL (UNIT-II) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Habib-ur-Rehman Khan Toor | Professor / Chairman / HoD Surgical Unit-II |
| 2. | Dr. Inayat Ali Zardari | Associate Professor |
| 3. | Dr. Zulfiqar Ali Imtiaz Memon | Associate Professor |
| 4. | Dr. Imtiaz Ali Soomro | Assistant Professor |
| 5. | Dr. Altaf Hussain Ghumro | Assistant Professor |
| 6. | Dr. Sadia Ayoob Chandio | Assistant Professor |
| 7. | Dr. Shahbaz Zahoor | Senior Registrar |
| 8. | Dr. Naveed Ahmed | Senior Registrar |

| SURGICAL (UNIT-III) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Masood Ahmed Qureshi | Professor / HoD Unit-III |
| 2. | Prof. Dr. Sikander-e-Azam Yousfani | Professor |
| 3. | Dr. Naeem-ul-Karim Bhatti | Associate Professor |
| 4. | Dr. Maimoona | Assistant Professor |
| 5. | Dr. Yasir Arfat | Assistant Professor (Plastic Surgery) |
| 6. | Dr. Imtiaz Ali Langah | Assistant Professor (A.T.W) |
| 7. | Dr. Fatul Zarari | Senior Registrar |
| 8. | Dr. Sallam Khan Zardari | Senior Registrar |
| 9. | Dr. Yasir Ayoob Chandio | Senior Registrar |

# Clinical Departments

| DEPARTMENT OF PEDIATRIC SURGERY | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Ali Raza Brohi | Professor / HoD /<br>Dean, Faculty of Surgery & Allied Sciences |
| 2. | Prof. Dr. Naseem Mengal | Professor / Chairperson |
| 3. | Dr. Syed Masoom Ali Shah | Assistant Professor |

| DEPARTMENT OF OBSTETRICS & GYNECOLOGY (UNIT-I) | | DESIGNATION |
|---|---|---|
| 1. | Dr. Afra Rehman | Associate Professor |
| 2. | Dr. Saira Parveen | Assistant Professor |
| 3. | Dr. Yasmeen Joyo | Assistant Professor |
| 4. | Dr. Shabana Ramzan | Assistant Professor (A.T.W) |
| 5. | Dr. Aasma Naz | Assistant Professor (A.T.W) |

| DEPARTMENT OF OBSTETRICS & GYNECOLOGY (UNIT-II) | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Rashida Akbar Ghumro | Professor / Chairperson |
| 2. | Prof. Dr. Farida Wagan | Professor (On Contract Basis) / Incharge |
| 3. | Dr. Raishem Memon | Associate Professor |
| 4. | Dr. Rozina Mujeeb | Associate Professor |
| 5. | Dr. Farkhana Yasmeen | Associate Professor |
| 6. | Dr. Shabana Ramzan | Assistant Professor (A.T.W) |

| NEW APPOINTMENTS – DEPARTMENT OF OBSTETRICS & GYNECOLOGY | | DESIGNATION |
|---|---|---|
| 1. | Dr. Sania Akbar | Assistant Professor |
| 2. | Dr. Nousheen Khaleeq | Assistant Professor |
| 3. | Dr. Ambreen Sodhar | Assistant Professor |

| DEPARTMENT OF UROLOGY | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Muhammad Ali Suhail Memon | Professor / Chairman / Principal |
| 2. | Dr. Aijaz Hussain Memon | Associate Professor |
| 3. | Dr. Mumtaz Ali Chandio | Assistant Professor |

# Clinical Departments

| DEPARTMENT OF ANESTHESIOLOGY | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Muhammad Saleh Khaskheli | Professor / HoD / Pro-Vice Chancellor |
| 2. | Prof. Dr. Rafia Tabassum | Professor / Chairperson |
| 3. | Dr. Muhammad Naeem | Assistant Professor |
| 4. | Dr. Tehmina Karim Bhatti | Assistant Professor |
| 5. | Dr. Zaigham Din | Assistant Professor |
| 6. | Dr. Aijaz Hussain Awan | Assistan Professor (A.T.W) |
| 7. | Dr. Almas Imtiaz | Lecturer |
| 8. | Dr. Aijaz Ahmed Khan | Lecturer |
| 9. | Dr. Mehdi Hassan | Lecturer |

| DEPARTMENT OF OPHTHALMOLOGY | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Amjad Ali Sahito | Professor / Chairman |
| 2. | Prof. Dr. Arif Rabani Dahri | Professor |
| 3. | Dr. Nisar Ahmed Jandan | Assistant Professor |
| 4. | Dr. Maqbool Ahmed Jamali | Assistant Professor |
| 5. | Dr. Ayesha Khan Nangrejo | Assistant Professor |

| DEPARTMENT OF E. N. T | | DESIGNATION |
|---|---|---|
| 1. | Dr. Dileep Kumar Khatri | Assistant Professor |
| 2. | Dr. Muhammad Azeem Bhurt | Assistant Professor |

| DEPARTMENT OF NEUROSURGERY | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Abdul Razzaque Mari | Professor / Chairman |
| 2. | Prof. Dr. Hamid Akbar Shaikh | Professor |
| 3. | Dr. Muzamil Dilber | Associate Professor |
| 4. | Dr. Muhammad Ali Jamali | Assistant Professor |
| 5. | Dr. Muzafar Ali Bhand | Senior Registrar |

# Clinical Departments

| DEPARTMENT OF ORTHOPEDICS | | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Muhammad Azeem Akhund | Professor / Chairman |
| 2. | Prof. Dr. Zahoor Illahi Soomro | Professor |
| 3. | Dr. Allah Nawaz Abbasi | Associate Professor |
| 4. | Dr. Kishore Kumar | Assistant Professor |
| 5. | Dr. Najeeb-ur-Rehman Kalhoro | Assistant Professor |
| 6. | Dr. Sundas Mastoi | Assistant Professor |

| DEPARTMENT OF RADIOLOGY | | DESIGNATION |
|---|---|---|
| 1. | Dr. Jawad Ali Memon | Associate Professor / Chairman |
| 2. | Dr. Zeeshan Jamal | Assistant Professor |
| 3. | Dr. Avaiz Ali Shah | Senior Registrar |
| 4. | Dr. Shafaq Aijaz | Senior Registrar |

| DEPARTMENT OF AUDIOLOGY | | DESIGNATION |
|---|---|---|
| 1. | Dr. Rashid Hussain Memon | Audiologist |

| DEPARTMENT OF DENTISTRY | | DESIGNATION |
|---|---|---|
| 1. | Dr. Waheed Murad Dahri | Assistant Professor / Acting Principal PID&OHS |

# Introduction of Semester

**INTEGRATED TEACHING AND INTRODUCTION OF SEMESTER SYSTEM COURSES OF STUDIES, EXAMINATIONS AND MEDIUM OF INSTRUCTION**

System of teaching is integrated semester system it is a unique system in which education is delivered into a process where students can learn according to their interest. After evaluation of their performance / progress assessed through different type of tests and assessments, they earn degrees on their cumulative performance throughout the Program of their study and they are not compelled to commit everything to memory for once a year performance.

The academic session shall comprise of two semesters each of sixteen (16) weeks, out of this period fourteen (14) weeks shall be the actual teaching period and remaining two (2) weeks shall be for preparatory leave.

The teaching of first semester may normally commence from 1st week of January and may continue up to the 1st week of April. There will be two (2) weeks preparatory leave. The examination consists of Theory (SBQ + Short essay+ Long essay) Practical (OSPE & OSCE.)

# Introduction of Semester

## ATTENDANCE POLICY FOR THE STUDENTS

- As per requirements of Peoples University of Medical & Health Sciences for Women Shaheed Benazirabad DPT/PHARM-D/BS (Public Health) & BS Nursing (Generic) respective councils, a minimum of 75% attendance is mandatory for a student to become eligible to appear in the professional examinations.
- Every student is required to be regular and punctual for lectures, practical's, tutorials, demonstration and hospital clinical wards.
- The students must periodically check their attendance records from the concerned department.
- The margin of 25% of absence in lectures, practical's, tutorials, demonstrations, and clinical wards is desired to cover absence only on account of sickness or any emergency if considered justifiable.
- Repeated absence from lectures, practical's, tutorials, demonstrations, and hospital clinical wards, without any justified/cogent reasons, will make a student liable for expulsion from University.
- In all cases, leave taken will be at the student's own risk so far as the percentage of attendance is concerned and even the medical certificate will not condone any deficiency in attendance.
- The students, who do not meet the required percentage of attendance i.e. 75%, will have to make up for their deficiency by attending special classes during vacations or preparatory holidays.
- However, a 10% waiver (5% waiver by the Vice Chancellor, 5% by the Pro Vice-Chancellor, and 5% by the concerned Dean/Director of the Institute) can be given on medical grounds or any other valid reason acceptable to the Vice Chancellor and waiver committee.
- The candidate having attendance less than 60% shall not be eligible to appear in the semester examination but she will be allowed to move in the next semester as mentioned in the "organization of semester system".
- However, the candidate having attendance less than 40% shall not be eligible to appear in the re-sit semester examination. She shall appear with next junior batch after fulfilling the required attendance in particular semester.

## OSPE / OSCE SYSTEM OF EXAMINATION

To provide uniform and bias free assessment of Practical/Clinical examination and to keep pace with improving teaching standard with in country & abroad, OSPE pattern has been implemented to conduct practical / viva voce examination across the board. The teachers are taking their periodical test in basic and clinical side on OSPE pattern from January 2010.

# Introduction of Semester

## MEDIUM OF INSTRUCTION

Instructions in all courses / Laboratories / wards are carried out in English.

## ORGANIZATION OF SEMESTER SYSTEM

i. Promotion from one academic year to next higher academic year.
ii. Policy of conducting Re-sit (repeat) examination.



# Introduction of Semester

## FIRST AND SECOND SEMESTER EXAMINATION

First Semester students who after appearing in First Semester (Regular) examination, either declared pass or fail will be allowed promotion to second semester.

Upon promotion in second semester, students who have either passed or failed in first semester examination both will be allowed to appear in second semester examination.

Pending result of second semester examination, if the classes for third semester are commenced, students of second semester (either passed or failed in first semester) will be allowed to attend the classes of third semester.

After announcement of second semester examination result, students of first and second semesters will fall in the following groups.

a) Passed First and Second Semesters.
b) Passed First Semester but Failed in Second Semester.
c) Passed Second Semester but failed in First Semester.
d) Failed in both the semesters.

Students under category b, c and d will then be allowed re-sit examinations of first and second semesters simultaneously while they remain under study process of third semester.

After announcement of re-sit (repeat) examinations result of both first and second semesters, the students will be bifurcated into the following groups.

1. **Passed first and Second semester's examinations completely they will continue in third semester.**
2. **Students who failed either in First Semester or in Second Semester or both examinations will be reverted i.e. termed back to First Semester or in Second Semester or both with junior batch as the case may be.**

Above group of students of DPT/PHARM-D/BS (Public Health) & BS (Nursing) after term back will repeat the failure subject(s) of semester I or II or both with junior batch.

# Introduction of Semester

**IMPORTANT:**

In case of their failure in subject(s) of 1st / 2nd / both semesters after re-sit / repeat examination. They will be given two chances more. If does not clear 1st & 2nd semester in four attempts, they will cease to be eligible for further education in their respective course in Pakistan.

**Note:** This system is applied to all the semester in all subsequent years but in final year as per course.

**Students who failed either in Seventh Semester BS Nursing & Public Health or in ninth semester DPT & Pharm-D & in Eight Semester BS Nursing & Public Health or in tenth semester in DPT & Pharm-D or Both examinations will continue to repeat failure subject (s) in re-sit Examinations till they completely pass DPT/Pharm-D/ BS Public Health & BS Nursing Examination.**

# Scholarship & Freeship

## SCHOLARSHIP

These facilities are intended to help the poor, deserving, talented, regular and meritorious students. This facility shall be stopped at any time by the Head of Institution if he feels that the student / awardee is not making progress in her studies and indulging herself in unhealthy activities prejudicial to her education advancement, or against whom an F.I.R. has been lodged in any criminal case.

## MERIT SCHOLARSHIP:

(i) Three merit scholarships each year and each course i.e. DPT, Pharm-D, BS Public Health & BS Nursing on the basis of results of the Professional University Examinations.

(ii) The value of the scholarships will be as follows:

**Student standing first, second & third Rs. 1,500/- per month**

(iii) These merit scholarships shall be given irrespective of any other scholarship being received by the student.

(iv) In case of a tie (viz. having equal marks) the preference for the award of Merit Scholarship will be given to a student who got better position in previous year's examination.



# Scholarship & Freeship

**FREESHIP**

i) Remission of the whole or half of the Institution fees may be allowed by the Head of the institution to students belonging to Sindh province not exceeding 10 percent of number of Sindh province students on the University rolls.

ii) Remission of fees means exemption from paying tuition fees only, full or half as the case may be. The student who are granted full or half remission of tuition fees shall be required to make full payments for all other subscriptions / funds.

iii) Application for remission shall be submitted by the students up to the date to be fixed by the Head of Institution. The application should be accompanied by certificate from the D.C. of the district to which the student belong, stating the financial circumstances of the applicant's parent or guardian.

iv) The grant of such remission will rest with the Head of the institution and will depend upon the circumstances of a student with regard to her studies. Absence from or failure in a professional or home examination, breach of discipline, neglect of studies or reprehensible conduct shall entail the loss of the concession.

v) Remission will be granted on yearly basis on fresh applications invited every year.

vi) Student receiving stipends will not be eligible for Free-ship concession.

vii) Following students are eligible.

a) High academic percentage basis.
b) Half of the free ship of tuition fee will be awarded the sisters in senior class.
c) Low income family background on actual information basis.

# Rules and Regulations

## REGULATION RELATING TO DISCIPLINE, CONDUCT, WELFARE AND CODE OF HONOUR FOR THE STUDENTS OF THE UNIVERSITY AND ITS AFFILIATED COLLEGES

### 1. SHORT TITLE

These Regulations may be called the Peoples University of Medical & Health Sciences (Students Discipline, Conduct, Welfare and Code of Honor) Regulations 2012.

- The Regulations shall come into force with immediate effect.
- These Regulations shall apply to the students of PUMHSW, Nawabshah (SBA).

### 2. GENERAL DISCIPLINE AND CODE OF HONOUR

Every student including students residing in a hostel shall observe the following Code of Honour.

- Respect for order, morality, personal honour and rights of others.
- She must be faithful in her religious duties and respect the convictions of others in matters of religion and custom.
- She must be loyal to her country Pakistan and refrain from doing anything which tends to lower its honour and prestige.
- She shall be truthful and honest in her dealings with all people.
- She must respect the elders and be polite to all, especially to women, children, old people, the weak and the helpless.
- She must respect her teachers, officers and authorities of the University.
- She must keep clean in body and mind, standing for clean speech, clean sports and clean habits.
- She shall help her fellow beings especially those in distress.
- She must devote herself faithfully to her studies.
- She must observe austerity and protect public property.

# Rules and Regulations

**3. ACTS OF INDISCIPLINE**

The following among others, shall constitute acts of indiscipline, for which actions may be taken against a student or students concerned by the officers mentioned in Regulations 2012.

**Breach of public morals, such as:**
Use of indecent or filthy language, Use of immodest dress, Use of undesirable remarks or gestures, Disorderly behaviour, such as shouting, abusing, quarrelling, fighting and insolence.

- Defiance of any University authority.
- False personification or giving false information or willful suppression of facts, information, cheating or deceiving.
- Visiting places declared 'out of bounds' for students
- Visiting without a pass to places which are not to be visited without a pass issued by an officer or authority of the University entrusted for the purpose.
- Inciting or staging a walkout, a strike or an unauthorized procession in the University Campus / hostels / examination hall (s).
- Shouting of slogans derogatory to the prestige of the University or the reputation of its officers or teachers.
- Consumption of alcoholic liquor, drugs or other intoxicants within or outside the University Campus.
- Violation of known standards of immorality.
- Action defamatory of and derogatory to Islam.
- Smoking in a class room, laboratory, workshop, Library, examination hall, convocation hall or during academic functions in University Campus.
- Organize or take part in any function within the University Campus or a hall of residence or organize any club or society of students except in accordance with the prescribed rules and regulations.
- Collect money or receive donation(s) or pecuniary assistance for or on behalf of the University or any University organization except with the written permission of the Vice Chancellor.
- Neglect her work habitually or absent from class without reasonable cause or permission of the relevant officer of the University.
- Damage University property or the property of a fellow student or teacher or employee of the University.
- Do not pay fees, fines or other dues levied, within time, under the University Statutes and Regulations.
- Do not comply with the Regulations relating to residence in the hostels or hall of residence or the Regulations relating to the wearing of prescribed uniform or academic dress.
- Commit criminal, immoral or dishonorable act within or outside the University Campus Prejudicial to the interest and reputation of the University.

# Rules and Regulations

**4. OFFICIALS RESPONSIBLE FOR THE MAINTENANCE OF DISCIPLINE**

Members of the teaching staff and Director Administration in general and Provost and hostel Warden of Peoples University of Medical & Health Sciences for women, Shaheed Benazirabad, shall be responsible for the maintenance of order among the students, while under their charge, and disorderly behaviour must be dealt with promptly.

**5. PENALTIES**

Punishment or penalty for any of the offense mentioned under the proceeding Regulations shall be awarded according to the gravity of the case, and may be anyone or more of the following:

- Record an adverse remark in the Black Book maintained by the Chairman / Provost.
- Fine which may amount to a maximum of Rs.1,000/-
- Expulsion from the Class, Hall or Hostel for a specified period not exceeding six months.
- Detention from examination.
- Cancellation of examination results or withdrawal of a certificate granted.
- Withdrawal of the concession of free or half free ship and or cancellation of scholarship granted by the University.
- Expulsion or rustication from the University for a specified period or for good.
- Provided that no punishment shall be imposed without giving an opportunity to the student concerned to Show Cause and a chance to hear and defend her, if She, so desires.

**6. AUTHORITIES OF COMPETENT TO IMPOSE PENALTIES**

The authority to impose punishment or penalty shall be exercised by the officers to the extent given below and shall be recorded in the Enrolment Register maintained by the administrative officer.

**1. THE VICE CHANCELLOR, PUMHSW, SHAHEED BENAZIRABAD MAY:**

- Fine a student up to Rs. 5,000/- for each offense and deprive him of privileges and positions open to students.
- Detain a student from appearing in a University examination.
- Cancel the admission of a student or refuse to admit a student without giving any reason.
- Direct a Dean Faculty of Surgery & Allied Sciences to cancel the admission or not to admit a student.
- Cancellation of University Scholarship, and
- Expel or rusticate a student for a specified period or for good.

# Rules and Regulations

**2. THE PRINCIPAL / ADMINISTRATION, PUMHSW, SHAHEED BENAZIRABAD MAY:**

- Fine a student up to Rs. 4,000/- for each single offence.
- Expel a student from the University for the maximum period of one month.
- Withhold character certificate of a students and Make an adverse report to the Vice Chancellor.

**3. THE DEAN OF CONCERNED FACULTY / CHAIRMAN OF DEPARTMENT MAY:**

- Fine a student up to Rs. 1,000/- for each 1 single offence, and
- Expel a student from the Department for a week.

**4. HOSTEL PROVOST MAY:**

- Fine a student up to Rs. 1,000/- for each 1 single offence, and
- Expel a student from a Hall or Hostel for a specific period or for good.

**7. FUNCTIONS OF DISCIPLINE COMMITTEE:**

The Discipline Committee of the University shall deal with such serious cases of indiscipline as may be referred to it by the Vice Chancellor and punishment in such cases shall be imposed on consideration of the recommendation of the Committee.

Provided that no punishment shall be imposed without giving an opportunity to the students concerned to Show Cause and a chance to hear and defend herself, if she so desires.

**8. WELFARE COMMITTEE FOR STUDENTS:**

Each department of Peoples University of Medical & Health Sciences for women, Shaheed Benazirabad, shall set up a welfare Committee to keep in touch with the students and deal with their problems and look after their welfare in general. The members of this Committee shall be nominated by the Chairman / In-charge of teaching departments with the permission of Vice Chancellor, PUMHSW, Shaheed Benazirabad.

# Hostel and Mess Rules

For the purpose of admission to the hostel. Allotment of accommodations, arranging and organizing messes, the following rules and regulation as laid down hereinafter shall be followed

**1. CONDITIONS FOR ALLOTMENT OF ACCOMMODATION IN THE HOSTEL**

- Allotment in the hostel shall not be claimed as a matter of right even when a person is a bonafide student of the institution.
- Allotment of accommodation in the hostel will be made on availability. First come first serve basis.
- Allotment of accommodation in the hostel will be for 1st to consecutive academic years, after this, allotment shall be renewed per year. And if, student want to leave the hostel, she shall inform hostel authorities before (15) days leaving the room by making her allotment cancelled.
- Maximum period of stay in hostel shall under no circumstances be more than five academic years provided that fresh allotment is made in each year by the competent authority in accordance with the allotment policy.
- Hostel accommodation shall not be provided to those students who belong to the Shaheed Benazir Abad District.

**2. CONDITIONS OF ELIGIBILITY**

The following shall be in-eligible for allotment of accommodation in the hostel.

- A student rusticated, expelled or debarred from the University or any other educational institution inside or outside.
- A student wanted by the police or any other law enforcing agency(ies) in criminal cases or against whom case (s) is / are pending in any court of law of the country on account of anti-social activities or for criminal offenses involving moral turpitude or has been or has remained under detention under any preventive law. Care will be taken that the mere pending of criminal case against a student in court of law shall not render her in-eligible for admission in the hostel. The discipline committee of the institution may, however, on appraisal the transaction leading to institution of the case, record of finding that the conduct of students therein was of a nature as to bring disgrace to the University rendering the students unfit for allotment of accommodation in the hostel. It will also be ensured that on honourable acquittal by the court, the student so declared ineligible be reconsidered for admission in the hostel and may be so admitted if otherwise found eligible.

# Hostel and Mess Rules

## 3. CONDITIONS OF NON ELIGIBILITY

- A student convicted by a court of law in the country on a moral, social or any other criminal offenses.
- A student who has been found and held guilty of misconduct or indiscipline by the competent authority.
- A student whose presence in the hostel deemed to be detrimental or prejudicial to the peace, tranquility and academic atmosphere of the hostel or institution and the interest of the residence of the hostel & campus.
- Resident once expelled from the hostel.

## 4. ALLOTMENT PROCEDURE

- Application for hostel be made by student of the medical institution on prescribed form H-1 accompanied by undertaking from parent/guardian in the prescribed form H-2 attested and verified by the judicial magistrate of the area along with their national identity cards and an undertaking on the prescribed form duly filled in and signed by the parent / guardian and two sureties, identifying the guardian/parent and also certifying good conduct of the applicant.
- In case of the foreign students, the recommendation & undertaking of the prescribed proformas for the admission and the guarantee for the payment of hostel dues and good behavior will be obtained from their respective embassies or consulates.
- Hostel allotment committee will consider the application for the allotment on the basis of criteria fixed by it. The allotment committee shall have right to reject any application without assigning any reason.
- Resident will be renewed their allotment year by year after valid date. And student of self-finance basis also pay the hostel fees and follow same procedure.
- After the names of the successful candidates are announced, they shall comply with the allotment requirements to the hostels within the prescribed time limit or their names shall be taken off the allotment list.
- Guest shall not be allowed to stay in the hostels.
- The allotment of accommodation will be made after the candidate has produced payment receipt of the fees / dues against her.
- The applicant shall have to furnish a written undertaking on the prescribed form her parent / guardian holding her responsible for payment of hostel dues in case her ward fails to make the payment.
- Residents shall sign a receipt of hostel property / assets in their rooms and shall be responsible for any loss or damage thereto.
- Residents shall strictly abide by all the rules of discipline, conduct and regulations that may be enforced in the hostel from time to time.

# Hostel and Mess Rules

## 5. CONDUCT & DISCIPLINE

The following in addition to rules of conduct which may be prescribed from time to time shall constitute acts of indiscipline and violation of hostel discipline for which action may be taken against the hostel resident concerned by the officers as prescribed in clause I:

- Keeping firearms and other lethal weapons or any other material not necessary for academic Pursuits in the hostel even if licensed.
- Keeping unauthorized persons in the room / seat Allotted to a resident.
- Shifting to a seat / room other than the one allotted to the resident without prior permission of the allotment Committee.
- Sub-letting the seat /room allotted to the resident or any other room lying vacant due to any reasons.
- No handing over vacant possession of the room / seat at the end of the period for which allotment was made.
- Non-payment of hostel dues during the period of the Year for which allotment was given in the Hostel.
- Keeping or making use of illicit drugs or other intoxicants, not including drugs prescribed by Authorized medical attendants on account of any illness suffered by the hostel resident.
- Keeping electric appliances such as refrigerator, air conditioner, television, oven, burner, heater etc, in the room.
- Parking cars or other vehicles in places other than the designated parking lots.
- Engaging in any immoral or agitation and violent activities or creating nuisance or disturbing the peace and tranquillity in the University campus.
- Inviting or entertaining male visitors in the female hostel.
- Causing wilful damage and /or causing damage by acts of vandalism, removing or damaging hostel Or institution property.
- Barricading stairs, corridors, gates and other areas in the hostel / campus of general use.
- Staging sit-ins, lockups, occupying hostel wardens or other administrative offices.
- Use of abusive languages towards other residents and / or institution authorities and employees.
- Use of hostel rooms or premises for group parties, political assemblies and for purposes other than those for which they are meant.
- Inviting outsiders to address hostel residents without the permission of authorities.
- Pasting of posters / chalking on hostel or other campus buildings, premises or compound walls or Any portion thereof.
- Inciting parochial, linguistic, sectarian or religious feeling among hostel residents
- Student leaving and coming to the hostel will be required to sign the register at the hostel gate or reception stating the reasons for arriving or departure.

# Hostel and Mess Rules

- The hostel authorities shall reserve the right to search the personal belongings and baggage of the residents at the time of entering the hostel or while residing in the allotted accommodation.
- Cooking in the hostel rooms in strictly prohibited.
- The University administration is not responsible for the loss of any property of the hostel resident.
- All damages will be repaired at the expense of the Boarder responsible.
- No newspapers, periodicals or magazines other than those authorized by warden shall be brought Into the hostel by any boarder.
- Student shall take due care of the bathrooms and taps and shall not allow them to run waste. Anyone found doing this intentionally will be liable to Punishment.
- Defacing walls and fixtures is strictly prohibited, moreover the furniture or fixtures will not be moved from one room to another and the residents are particularly warned against removing furniture from the Mess and Common Room.
- Students must keep their rooms clean and tidy. The beds should properly be arranged and a bed cover used. Dirty clothes should be stored separately.
- Spitting in public or private rooms, verandah or on stairs is prohibited.
- All waste papers and garbage must be placed in dust bins provided for the purpose.
- Every part of the hostel premises shall be freely open for inspection by the Superintendent or warden at any time.
- No religious ceremony likely to injure the feelings of other boarders shall be arranged in the hostel.
- No boarder shall indulge in any amusement that disturbs other boarders.

**ACTION AGAINST INDISCIPLINE**

- Depending upon the severity of the in disciplinary act/omission on the part of the resident (s) of the Hostel. The defaulter student shall be dealt with in accordance with the University Resolutions.
- In addition to above the Allotment Committee may in case of the gravity of an offense provisionally cancel allotment of accommodation in the Hostel and also refer the matter to the University discipline committee with the recommendation for further necessary action leading to rustication from the University.
- In case of loss due to act (s) of vandalism, the matter relating to assessment of damage/loss will be referred to the Hostel Allotment Committee who while assessing the loss will also fix the responsibility and extent of loss on the person(s) liable for the act from whom recovery should be done. In the absence of evidence leading to fixation of individual responsibility, the Hostel Allotment Committee may decide to order recovery from all the residents or such of the residents as may held liable and act of vandalism.

# Hostel and Mess Rules

**6. STUDENT MESSES:**

- Any group or students not less than 20 and not more than 60 or the number as may be fixed by the Provost depending on particular situation in the Hostel, who may wish to run their mess shall obtain such prior permission on prescribed form, from the Provost on the recommendation of the Warden who shall be one of the resident student of the Hostel.
- The Manager shall produce the list of residents who will be catered in her mess, and the list of cooks and other staff engaged in the mess along with their full identification which will be subject to official scrutiny through appropriate agencies.
- The Provost Warden may refuse or allow any person to work on the staff on any particular mess without assigning any reason. The Manager shall on her personal responsibility certify that the cooks and other staff engaged in the mess are of good character, are not criminals, previous convicts, assigned to him or acquired or engaged by him on account of any political associations. If at any time certificate is given by the Manager shall be liable to disciplinary action as hostel resident.
- As well as student of the University.
- Student who may not join mess can only take their meals in the canteen. Any student found taking meals in the room shall be liable for disciplinary action.

**7. HOSTEL CANTEEN:**

- No student resident shall be allowed to manage or operate any canteen or tea stall in the hostel. In case of need, more than one canteen may be established in the hostel premises, which shall be supervised by the Hostel Administration Committee.

# Extra Curricular Activities

1. The PUMHSW, Nawabshah (SBA) shall arrange to provide candidates for as many indoor games possible for the staff students.

- No game shall be played during the college or hospital duty hours.
- All students of the University/affiliated colleges must take part in anyone or more of these games according to their choice.

2. Lectures by the distinguished visitors shall be arranged on approval of the Vice Chancellor / Dean Basic or Clinical Sciences/Head of institution.

3. Visits to places of scientific, historic and culture interest can be arranged where students go in parties.

4. All the students of PUMHSW, Nawabshah (SBA) will be members of the University Student's Council, which aims to organize, coordinate and conduct the extra-curricular activities and sports for the members, under the directions of Vice Chancellor PUMHSW. The Council shall be responsible for the following activities:

- Sports
- Institution Magazine: The Magazine will be published and will contain scientific general articles by staff and the students and record the activities of the institution and students. An editorial board consisting of the staff and the students will produce the Magazine.
- Clinical Society
- Social and Dramatic Society: The Society, in addition to an annual drama arranges various other social activities.
- Debating Society



# Library

1. It is equipped with books pertaining to the subjects for Doctor of Physiotherapy/Doctor of Pharmacy / BS Public Health, BS Nursing and Journals.

2. The library shall be open to the teaching staff, only during duty hours and students during morning and evening hours.

- The library and reading room shall remain open on every working day during the prescribed hours.

**The Central Library Timing is as under:**
From 08:00 A.M to 02:00 P.M
From 04:00 P.M to 10:00 P.M

**Timings on Public Holidays & Sunday's:**
From 8:00 A.M to 8:00 P.M

3. Books and journals will be issued to students only on deposit of their Medical University identity cards with the librarian.

4. Text books prescribed by the Medical University and reference books should only be read in the library.

5. The Students enrolled in Peoples University of Medical & Health Sciences for women, Shaheed Benazirabad, shall be entitled to borrow books from the Book Bank.

6. Each member is entitled to borrow maximum four books at a time for an academic year from 1st year to 4th year. The students of final year can borrow six books at a time for an academic year.

7. The member will be required to pay Registration fee Rs. 100/- (non-refundable).

8. The member is required to pay a rental fee Rs. 100/- per year for the books drawn from the Book Bank.

9. All the books are to be returned and the clearance from the Book Bank should be obtained by the borrower before appearing in the practical examination.

# Library

10. No certificate of any kind will be issued to such students who fail to return the books to the Book Bank in time.

11. Books are to be kept in good condition. No marking are to be made inside the books. Any damage or loss of books will have to be made good or else, full price of the book will be recovered from the students.



# Rules of Admission

**ELIGIBILITY CRITERIA:**

1. The minimum qualification of candidates for admission in first year DPT/Pharm-D and BS Public Health program at PUMHSW, Shaheed Benazirabad under all admission categories.

- The candidates who have passed the Higher Secondary School certificate Pre-medical or 'A' level and have secured at least 60% marks (B-Grade) in aggregate passed from any Board of Higher Secondary Education in Pakistan or any institution from foreign countries duly recognized by Inter Board Committee of Chairman (IBCC) are eligible to apply for admission.

- Candidates obtained less than 60% marks are not eligible, & (HSSC Pre-Medical with 50% marks only for BS Nursing Program).

2. The Applicant has domicile of tagged district of PUMHSW.

**Note:** Candidates who are finally selected on open merit seat, UEAP or any other category allowed provisional admission shall to pledge through an affidavit that they will complete the course of DPT, Pharm-D of five (05) years, BS Public Health & BS Nursing of four (04) years as the case may be. In case they leave the PUMHS/College before completing the course for any reason, they will submit a Pay Order of Rs.250,000/- (Rupees Two Lac Fifty Thousand only) for open merit candidate and Rs.350,000/-(Rupees Three Lac Fifty Thousand only) for all candidate of UEAP (Self Finance) in favour of the respective university as a penalty for wasting a precious seat.



# Rules of Admission

**ENTRY TEST**

(i) All eligible candidates for admission to DPT / PHARM-D / BS Public Health / BS Nursing will be required to appear in the Entrance Test.

(ii) The entry test shall be conducted from the prescribed intermediate syllabus of Boards of Intermediate and Secondary Education of Pakistan. There will be 100 multiple choice questions in the test distributed in the following manner:

| | | |
|---|---|---|
| a) | Biology | 30 Questions |
| b) | Physics | 30 Questions |
| c) | Chemistry | 30 Questions |
| d) | English | 10 Questions |

- The time allotted to solve the paper will be 120 minutes.
- Each correct answer shall be awarded 01 (one) mark and there will be no negative mark for any incorrect answer.

**Formula for Working out the Overall Merit**

| | |
|---|---|
| (a) Matric Science/ O level / Equivalent | 10% weightage |
| (b) HSSC (Pre-Medical) / equivalent Examination | 40% weightage |
| (c) Entry test | 50% weightage |

**Example: If a candidate has obtained following marks:**

| | |
|---|---|
| a) Matric Science / O level Equivalent examination | 650 / 850 or 76.471 % |
| b) HSC /A- Level Equivalent examination | 660 / 1100 or 60.00 % |
| c) Entry Test marks | 100 / 100 or 50.00 % |

# Rules of Admission

Her merit will be calculated as follows:

a) Weightage for SSC O level / Equivalent =76.47%*0.1=7.647

b) Weightage for HSSC =60.00 %*0.4=24.00

c) Weight age for Entry Test =80 %*0.5=40%

Over all merit of the candidate =a+b+c=7.647+24.00+40=71.647

All calculations in percentages will be rounded up to two decimal points. Similarly the merit calculation of A- Level/ Equivalent candidates will be based according to the IBCC formula given below for final merit calculation.

A Grade----------85/100
B Grade----------75/100
C Grade----------65/100
D Grade----------55/100
E Grade----------45/100

(iii) In-case the overall score of two or more candidates are equal, the candidate securing higher marks in the HSC (Pre-Medical/Qualifying Examination) shall be ranked higher in merit for the purpose of admission. If the HSC marks are also equal the candidate securing higher marks in Matriculation shall be ranked higher in merit for the purpose of admission and if the Matric marks of two or more than two candidates are also equal only then the candidate older in age shall be ranked higher in merit for the purpose of admission. The production of equivalence of marks sheet from IBCC shall be the responsibility of the candidate.

(iv) The candidates who apply for admission on the bases of fake certificates / documents and detected at any stage shall be liable to prosecution under criminal law and their admission shall be cancelled. Also they may be debarred for a period of 03 years for future admissions.

(v) Once option for admission category exercised will be final and there will be no change in the admission category from "Self Finance to Merit".

# Rules of Admission

## MEDICAL EXAMINATION

All the selected candidates shall have to undergo a medical examination through medical board constituted by the University.

The Selected candidates must produce the reports of following investigations.

- Blood CP+ESR
- Urine DR
- X-Ray Chest
- Vaccination Certificate against HBV
- Hepatitis C (HCVAb) Screening

# Admission Committee

| | Name | Designation | Committee |
|---|---|---|---|
| 1. | Prof. Dr. Gulshan Ali Memon | Vice Chancellor | Chairman |
| 2. | Prof. Dr. Muhammad Saleh Khaskheli | Pro-Vice Chancellor | Member |
| 3. | Prof. Dr. Ali Raza Brohi | Dean Faculty of Surgery & Allied Sciences | Member / Secretary |
| 4. | Prof. Dr. Ali Akbar Siyal | Dean Faculty of Medicine | Member |
| 5. | Prof. Dr. Ghulam Mustafa Dahri | Dean Faculty of Basic Medical Sciences | Member |
| 6. | Prof. Dr. Noor Ali Alias Ghazanfar Ali Samoon | Dean Faculty of Community Health Sciences | Member |
| 7. | Prof. Dr. Muhammad Ali Suhail | Principal | Member |
| 8. | Mr. Abdul Qadir Memon | Registrar | Member |

# Payment of Fees Rules

1. All the fees once deposited are refundable as per University / Registration Council.
2. Fee for 1st year should be paid within 15 days of admission.
3. Fee for the remaining years shall be paid at the start of each session.
4. The fee is subject to revision by the university at any time; however the old students shall pay their fees according to the schedule given into respective prospectus of the admission year for all five years of DPT, Pharm-D, and 4 years BS Public Health & BS Nursing (Generic).
5. The candidate who fails to clear her dues within stipulated time / period her exam form will not be forwarded to controller of Examinations of the University and shall not be allowed to appear in the examination.

| | Particulars | Fees |
|---|---|---|
| 1. | Identity Card Fees (Once) | 1,000 |
| 2. | I.T Charges (Per Year) | 1,000 |
| 3. | Transport Fee (Per Year) | 5,000 |
| 4. | Registration Fee DPT/Pharm-D /BS Public Health/BS Nursing | As per respective council rule |
| 5. | Documents Verification Fee (Once) | 5,000 |



**MR. ADIL RASHEED**

Director Finance

# Payment of Fees Rules

## FEE FOR CANDIDATES SELECTED ON MERIT BASIS

| FEE STRUCTURE | DPT | | PHARM-D | | BS PUBLIC HEALTH | | BS NURSING | |
|---|---|---|---|---|---|---|---|---|
| | 1st year | 2nd to Final year (for Each Year) | 1st year | 2nd to Final year (for Each Year) | 1st year | 2nd to Final year (for Each Year) | 1st year | 2nd to Final year (for Each Year) |
| Admission Fee (Once) | 34,000 | --- | 34,000 | --- | 21,000 | --- | 23,000 | --- |
| Tuition Fee | 116,000 | 116,000 | 116,000 | 116,000 | 50,000 | 50,000 | 37,000 | 37,000 |
| **Total** | **150,000** | **116,000** | **150,000** | **116,000** | **71,000** | **50,000** | **60,000** | **37,000** |

## FEE FOR CANDIDATES SELECTED ON SELF FINANCE BASIS

| FEE STRUCTURE | DPT | | PHARM-D | | BS PUBLIC HEALTH | | BS NURSING | |
|---|---|---|---|---|---|---|---|---|
| | 1st year | 2nd to Final year (for Each Year) | 1st year | 2nd to Final year (for Each Year) | 1st year | 2nd to Final year (for Each Year) | 1st year | 2nd to Final year (for Each Year) |
| Admission Fee (Once) | 34,000 | --- | 34,000 | --- | 26,620 | --- | 28,000 | --- |
| Tuition Fee | 288,000 | 288,000 | 288,000 | 288,000 | 242,000 | 242,000 | 253,000 | 253,000 |
| **Total** | **322,000** | **288,000** | **322,000** | **288,000** | **268,620** | **242,000** | **281,000** | **253,000** |

# Payment of Fees Rules

## UNIVERSITY HOSTEL FEES (THOSE WHO AVAIL HOSTEL FACILITY)

| | | | |
|---|---|---|---|
| 1. | Admission fees | Per year | 2,200 |
| 2. | Room Rent (including Electric and water Charges) | Per year | 4,000 |
| 3. | Hostel Maintenance and repair. (Non Govt.) | Per year | 3,000 |
| 4. | Hostel ID Card | Per year | 200 |
| **Total** | | | 9,400 |
| F-Block* | | Per year | 45,000 |

**Note:** Government advance SST tax 3% shall be charged on total fees exceeding five hundred thousand Per annum.

**Note:**

1. Candidates admitted under all Merit / Self Finance categories will be charged tuition fee in proportion to their repeated subjects and all other fee shall be charged at the rate of 100% in case of their failure in any examination.
2. Penalty will be charged from the students who fail to pay their annual fee within due date at the rate of Rs. 5,000/Per Month from self-finance students and Rs. 3,000/Per Month from regular students and added on monthly basis.
3. All the categories of Merit / Self Finance admitted students should pay separate prescribed hostel fee.
4. An additional fee of Rs. 200/- will be charged from student who requested re-issue of Identity card in case of loss.

## FEE STRUCTURE OF TERM BACK / FAILURE STUDENTS OF DPT. PHARM-D, BS PUBLIC HEALTH AND BS NURSING

| SEMESTER | NO. OF SUBJECTS | CHARGES |
|---|---|---|
| Any Semester | 02 | 1/2 Per Failed Subject (Each Semester) |
| Any Semester | 03 | 1/3rd Per Failed Subject (Each Semester) |
| Any Semester | 04 | 1/4th Per Failed Subject (Each Semester) |
| Any Semester | 05 | 1/5th Per Failed Subject (Each Semester) |

**Note:-** Fee will be charged as per course and category of admission in which student has been admitted.


ENTER TO LEARN
PEOPLES UNIVERSITY OF MEDICAL &
GO OUT TO SERVE

# NEW CAMPUS

# INSTITUTE OF PHYSIOTHERAPY AND REHABILITATION SCIENCES

# Introduction

The Institute of Physiotherapy and Rehabilitation Sciences (IPRS) PUMHSW-SBA is the first ever women public sector Institute of Sindh province. It offers five years undergraduate degree program (Doctor of Physiotherapy) recognized by Higher Education Commission HEC. The proper academic session started in 14th January 2013. The program offers DPT curriculum that integrates theoretical and applied sciences through an evidence-based approach to healthcare management.

This is the first ever institute which has been providing services to the most affected interior part of Sindh province. Ever since this institute came into being in 2013, eight batches have been passed out and more than 480 graduates have been working within the different parts of the country and abroad.

The objectives of the physiotherapy program of the Institute is to produce highly skilled rehabilitation professional women at par with the best professionalism in the world who will take care of the ever flourishing of the disabled community.

Keeping in view the vacuum and necessity of physical therapy treatment, the higher authorities decided to start physical therapy services. Because from Kashmore to Hyderabad, there was no any institute of physiotherapy services. Hence, there was a dire need of establishing this Institute to impart quality medical education dealing with physiotherapy to relieve pain and re-gain strength after serious injuries, illness and surgery.

At present, the institute has been running Physiotherapy OPD and providing services in the different wards of PMC hospital Nawabshah. The institute also provides the paid house job trainings to own students at hospital. The OPD is well-equipped with latest tools and technology.

The students come across the country to get enrolled for the program. They are provided the best services and facilities during their stay at the university that ultimately promote their intellectuality and make them skilled Physical therapist. There is very congenial atmosphere for the students.

Apart from the core subjects, the students are also being taught and trained with the soft skills like debating skills, career-counselling, leadership and management skills as per national and international job market. The students are encouraged in research work and exposed to the poster-presentation skills so that they may be able to meet the challenges of modern world in the field of physiotherapy.

# Introduction

Also, Continuous Medical Education (CME) workshops and seminars are regularly organized by the institute to improve the quality of teaching and learning of faculty.



**PROF. DR. BAHADUR ALI**
Chairman Institute of Physiotherapy
& Rehabilitation Sciences

# Vision and Mission

## VISION

Institute of Physiotherapy and Rehabilitation Sciences, PUMHSW-SBA encourages its collaborative initiative recognized for its innovative and inter-professional curriculum. Its focus is to produce the competent and capable women graduates in the field of physiotherapy with highly responsible outlook, self-directedness, and most caring in her field. It must also provide the high quality physiotherapy services to the patients and humanity at large.

## MISSION

Institute of Physiotherapy and Rehabilitation Sciences, PUMHSW-SBA is committed to produce women physiotherapist of international standard. The DPT graduates must have strong interpersonal communication in basic and clinical skills. The graduates must possess the ability to perform patient management and clinical competencies and attitude inherited to clinical practice. The Faculty is dedicated to create collaborative environment demonstrate excellence in teaching and learning research and creative activities.

## VALUES

- Respect - Acting with honesty and integrity and recognizing the uniqueness of each individual.
- Innovation - Providing an environment that encourages creativity, open and expectant mind for faster & better learning.
- Collaboration - Fostering partnership and teamwork with each other and Our communities.
- Excellence - Achieving our best in all our endeavours.



# Objectives

**GRADUATES OF THE DOCTOR OF PHYSIOTHERAPY PROGRAM SHALL:**

1. Demonstrate in-depth knowledge of the basic and clinical sciences relevant to physical therapy, both in their fundamental context and in their application to the discipline of physical therapy.
2. Understand, correlate and apply theoretical foundations of knowledge to the practice of physical therapy; evaluate and clarify new or evolving theory relevant to physical therapy.
3. Demonstrate the behaviours of the scholarly clinician by developing and utilizing the process of critical thinking and inquiry, particularly focused on the improvement of the practice of physical therapy and the delivery of health care.
4. Engage in reflective practice through sound clinical decision making, critical self-assessment and commitment to lifelong learning.
5. Demonstrate mastery of entry level professional clinical skills. Provision of these services is based on the best available evidence and includes physical therapy examination, evaluation, diagnosis, prognosis, intervention, prevention activities, wellness initiatives and appropriate health care utilization.
6. Be prepared to influence the development of human health care regulations and policies that are consistent with the needs of the patient and of the society.
7. Demonstrate leadership, management, and communication skills to effectively participate in physical therapy practice and the health care team.
8. Incorporate and demonstrate positive attitudes and behaviours to all persons.
9. Demonstrate the professional and social skills to adapt to changing health career environments to effectively provide physical therapy care.



# About Physiotherapy

Physiotherapy also known as Physical Therapy is a dynamic, evidence-based healthcare profession dedicated to optimizing movement, restoring function, and enhancing quality of life. In today's modern era, physiotherapy is not merely a treatment for injury; it is a science-driven discipline that integrates clinical expertise, cutting-edge technology, and personalized care to promote physical independence and overall well-being.

It is a distinct field of healthcare that works in harmony with medicine and surgery, providing non-invasive, drug-free solutions that accelerate recovery and reduce complications. From advanced rehabilitation robotics and electrotherapy to manual therapy and exercise prescription, physiotherapy now embraces both traditional methods and modern innovations to deliver results that are precise, effective, and enduring.

In Pakistan—where musculoskeletal problems, postural issues, and lifestyle-related conditions are increasingly common—physiotherapy has emerged as a vital tool in preventing disability, restoring mobility, and empowering individuals to lead active, productive lives.

***How can physiotherapy help?***

Physiotherapy empowers individuals by addressing the root causes of dysfunction and guiding them toward sustainable recovery and improved performance. In the Pakistani context, where road accidents, workplace injuries, and sedentary habits are prevalent, physiotherapy can bring transformative change in the following ways:

***Pinpointing and Treating the Core Problem***

Modern physiotherapy uses advanced diagnostic tools—such as gait analysis systems, posture scanners, and musculoskeletal ultrasound—to precisely identify the source of pain or dysfunction. Treatment strategies are then tailored to the individual, using a blend of manual therapy, therapeutic exercise, and state-of-the-art modalities to restore normal movement patterns.

***Addressing Underlying Causes and Risk Factors***

Physiotherapy today is preventive as much as it is curative. In Pakistan, where improper posture, unsafe lifting techniques, and lack of workplace ergonomics are widespread, physiotherapists educate and train individuals to correct these habits—reducing the risk of recurring injuries and chronic pain.

***Rehabilitation after Occupational or Sports Injuries***

Whether for a factory worker recovering from a back injury, a cricket player healing from a ligament tear, or an office employee with repetitive strain injury, physiotherapy provides structured rehabilitation programs. These programs restore function, improve strength, and help individuals return to work or sport swiftly and safely.

# About Physiotherapy

***Pre- and Post-Surgical Rehabilitation***

From joint replacements to spinal surgeries, physiotherapists work alongside surgeons to ensure optimal outcomes. Pre-operative therapy prepares the body for surgery, while post-operative programs—integrating strength training, mobility exercises, and pain management—promote faster recovery and minimize hospital stays.

***Personalized Exercise Programs for Health & Wellness***

In an age where sedentary lifestyles are leading to obesity, diabetes, and heart disease, physiotherapists in Pakistan play a key role in designing safe, progressive, and effective exercise regimens. These programs improve cardiovascular fitness, flexibility, and muscle strength—helping people maintain vitality well into later life.

***Advising on and Providing Assistive Technology***

From customized orthotics and ergonomic seating to mobility aids like walkers, splints, and wheelchairs, physiotherapists recommend equipment that supports independence and improves quality of life for individuals with disabilities, chronic conditions, or post-surgical limitations.

In essence, physiotherapy in the modern age is not just about healing—it is about empowering. It is about turning limitation into potential, injury into recovery, and weakness into strength. In Pakistan, this means giving every citizen—from rural farmers to elite athletes—the ability to move, work, and live without pain, with dignity, and with renewed hope.



# Curricular Outcomes

The Doctor of Physical Therapy (DPT) programme at the Institute of Physiotherapy and Rehabilitation Sciences (IPRS), PUMHSW, is designed in accordance with the **HEC DPT Curriculum 2025, HEC Undergraduate Education Policy (UGEP) V1.1**, and relevant **Allied Health Professionals Council (AHPC)** requirements.

The curricular outcomes are aligned with the Institute's mission and vision and are designed to develop competent, ethical, evidence-based, patient-centred and socially responsible physiotherapy professionals.

**UPON SUCCESSFUL COMPLETION OF THE DPT PROGRAMME, GRADUATES WILL BE ABLE TO:**

1. **Knowledge and Understanding**
   Demonstrate sound knowledge of basic medical sciences, clinical sciences, physiotherapy, rehabilitation, health promotion and disease prevention.
2. **Clinical Assessment and Reasoning**
   Apply appropriate assessment procedures, interpret findings, identify physiotherapy-related problems and demonstrate effective clinical reasoning.
3. **Evidence-Based Practice**
   Integrate scientific evidence, clinical expertise and patient needs in physiotherapy decision-making and management.
4. **Clinical and Professional Skills**
   Demonstrate safe and competent skills in therapeutic exercise, manual therapy, electrotherapy, functional rehabilitation and other appropriate physiotherapy interventions.
5. **Patient-Centred Care**
   Develop and implement individualized management plans considering patient needs, preferences, cultural values, functional goals and quality of life.
6. **Communication and Interprofessional Practice**
   Communicate effectively and collaborate respectfully with patients, families, communities and healthcare professionals.
7. **Research and Innovation**
   Apply research methodology, critical appraisal, data interpretation and scientific writing to support evidence generation and innovation.
8. **Professional Ethics and Responsibility**
   Demonstrate integrity, accountability, confidentiality, respect, compassion and adherence to professional, ethical and legal standards.
9. **Health Promotion and Community Rehabilitation**
   Apply physiotherapy knowledge and skills to health promotion, disease prevention, wellness and community-based rehabilitation.

# Curricular Outcomes

10. **Leadership and Lifelong Learning**
    Demonstrate leadership, teamwork, problem-solving and organizational skills with commitment to continuous professional development and lifelong learning.
11. **Digital and Information Literacy**
    Use appropriate digital technologies and information resources to support education, research, documentation, communication and professional practice.
12. **Social and Professional Responsibility**
    Contribute to improving health, functional independence and quality of life through accessible, inclusive and socially responsible physiotherapy services.

**KNOWLEDGE, SKILLS AND PROFESSIONAL BEHAVIOUR**

The DPT curriculum integrates three essential domains of graduate competency:

| KNOWLEDGE | SKILLS | ATTITUDE / PROFESSIONAL BEHAVIOUR |
|---|---|---|
| Scientific, medical, clinical and physiotherapy knowledge | Clinical assessment, reasoning and intervention | Ethics and integrity |
| Rehabilitation and health sciences | Practical and psychomotor skills | Respect and compassion |
| Research and evidence-based knowledge | Communication and teamwork | Accountability and responsibility |
| Health promotion and community rehabilitation | Research and digital skills | Confidentiality and professionalism |
| Professional and ethical knowledge | Problem-solving and decision-making | Patient-centredness and cultural sensitivity |
| | Leadership and lifelong learning | Commitment to continuous professional development |

# Curricular Outcomes

## HEC PLO ALIGNMENT

The IPRS Curricular Outcomes operationalize the four overarching HEC DPT 2025 Programme Learning Outcomes relating to:

| PROGRAM LEARNING OUTCOMES | |
|---|---|
| **PLO** | **DESCRIPTION** |
| PLO-1 | Knowledge of basic and clinical health sciences relevant to Physical Therapy. |
| PLO-2 | Application of knowledge, skills and professional abilities in Physical Therapy. |
| PLO-3 | Effective communication, collaboration and professional ethical practice. |
| PLO-4 | Critical thinking, problem-solving, clinical reasoning and evidence-based Physical Therapy practice. |

## INSTITUTIONAL GRADUATE PROFILE

The DPT graduate of IPRS, PUMHSW, will be a **competent, ethical, evidence-based, patient-centred and socially responsible physiotherapy professional** capable of applying knowledge and clinical skills, demonstrating appropriate professional behaviour, and contributing to healthcare through clinical practice, rehabilitation, research, community services and lifelong learning.

**Academic Reference:** HEC DPT Curriculum 2025 | HEC Undergraduate Education Policy V1.1 | AHPC Accreditation Requirements



# Courses

**THE DOCTOR OF PHYSIOTHERAPY (DPT) IS 05 YEARS PROGRAM. EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 10 SEMESTERS.**

## SCHEME OF STUDIES
## DOCTOR OF PHYSICAL THERAPY (DPT)

### FIRST YEAR

| SEMESTER I | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Anatomy – I | 3 (2 + 1) | Major |
| 2. | Physiology – I | 3 (2 + 1) | Major |
| 3. | Kinesiology – I | 3 (2 + 1) | Major |
| 4. | Functional English | 3 (3 + 0) | General Education |
| 5. | Natural Sciences | 2 (2 + 0) | General Education |
| 6. | Arts & Humanities | 2 (2 + 0) | General Education |
| 7. | Understanding of Holy Quran – I | 1 (0 + 1) | General Education |
| **TOTAL CREDIT HOURS = 18** | | | |

| SEMESTER II | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Anatomy – II | 3 (2 + 1) | Major |
| 2. | Physiology – II | 3 (2 + 1) | Major |
| 3. | Kinesiology – II | 3 (2 + 1) | Major |
| 4. | Quantitative Reasoning – I | 3 (3 + 0) | General Education |
| 5. | Expository Writing | 3 (3 + 0) | General Education |
| 6. | Pakistan Studies | 2 (2 + 0) | General Education |
| 7. | Understandingof Holy Quran – II | 1 (0 + 1) | General Education |
| **TOTAL CREDIT HOURS = 18** | | | |

# Courses

## SCHEME OF STUDIES
## DOCTOR OF PHYSICAL THERAPY (DPT)

### SECOND YEAR

| SEMESTER III | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Anatomy – III | 3 (2 + 1) | Major |
| 2. | Physiology – III | 3 (2 + 1) | Major |
| 3. | Medical Physics | 3 (2 + 1) | Interdisciplinary |
| 4. | Principles of Biochemistry | 3 (3 + 0) | Interdisciplinary |
| 5. | Applications of ICT | 3 (2 + 1) | General Education |
| 6. | Quantitative Reasoning – II | 3 (3 + 0) | General Education |
| **TOTAL CREDIT HOURS = 18** | | | |

| SEMESTER IV | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Neuro Anatomy | 3 (2 + 1) | Major |
| 2. | Biomechanics & Ergonomics | 3 (2 + 1) | Major |
| 3. | Human Psychology | 2 (2 + 0) | Interdisciplinary |
| 4. | Ideology & Constitution of Pakistan | 2 (2 + 0) | General Education |
| 5. | Civics & Community Engagement | 2 (2 + 0) | General Education |
| 6. | Entrepreneurship | 2 (2 + 0) | General Education |
| 7. | Islamic Studies | 2 (2 + 0) | General Education |
| 8. | Social Sciences | 2 (2 + 0) | General Education |
| **TOTAL CREDIT HOURS = 18** | | | |

# Courses

## SCHEME OF STUDIES
## DOCTOR OF PHYSICAL THERAPY (DPT)

### THIRD YEAR

| SEMESTER V | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Exercise Physiology | 3 (2 + 1) | Major |
| 2. | Pharmacology & Therapeutics – I | 2 (2 + 0) | Major |
| 3. | Physical Agents & Electrotherapy – I | 3 (2 + 1) | Major |
| 4. | Community Medicine & Rehabilitation | 3 (2 + 1) | Major |
| 5. | Pathology & Microbiology – I | 2 (2 + 0) | Interdisciplinary |
| 6. | Artificial Intelligence in Healthcare | 2 (2 + 0) | Interdisciplinary |
| 7. | Supervised Clinical Practice – I | 3 (0 + 3) | Clinical Practice |
| **TOTAL CREDIT HOURS = 18** | | | |

| SEMESTER VI | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Pharmacology & Therapeutics – II | 2 (2 + 0) | Major |
| 2. | Physical Agents & Electrotherapy – II | 3 (2 + 1) | Major |
| 3. | Therapeutic Exercises & Techniques | 3 (2 + 1) | Major |
| 4. | Sustainable Development Goals: Health & Wellbeing | 3 (2 + 1) | Interdisciplinary |
| 5. | Pathology & Microbiology – II | 3 (2 + 1) | Interdisciplinary |
| 6. | Molecular Biology & Genetics | 2 (2 + 0) | Interdisciplinary |
| 7. | Supervised Clinical Practice – II | 3 (0 + 3) | Clinical Practice |
| **TOTAL CREDIT HOURS = 19** | | | |

# Courses

## SCHEME OF STUDIES
## DOCTOR OF PHYSICAL THERAPY (DPT)

### FORTH YEAR

| SEMESTER VII | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Medicine – I | 3 (3 + 0) | Major |
| 2. | Surgery – I | 3 (3 + 0) | Major |
| 3. | Musculoskeletal Physical Therapy | 3 (2 + 1) | Major |
| 4. | Radiology & Diagnostic Imaging | 3 (2 + 1) | Interdisciplinary |
| 5. | Scientific Inquiry & Research Methods | 3 (2 + 1) | Interdisciplinary |
| 6. | Supervised Clinical Practice – III | 4 (0 + 4) | Clinical Practice |
| **TOTAL CREDIT HOURS = 19** | | | |

| SEMESTER VI | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Neurological Physical Therapy | 3 (2 + 1) | Major |
| 2. | Medicine – II | 3 (3 + 0) | Major |
| 3. | Surgery – II | 3 (3 + 0) | Major |
| 4. | Sports Physical Therapy | 2 (1 + 1) | Major |
| 5. | Biostatistics | 3 (2 + 1) | Interdisciplinary |
| 6. | Professional Practice in Healthcare | 2 (2 + 0) | Interdisciplinary |
| 7. | Supervised Clinical Practice – IV | 4 (0 + 4) | Clinical Practice |
| **TOTAL CREDIT HOURS = 20** | | | |

# Courses

## SCHEME OF STUDIES
## DOCTOR OF PHYSICAL THERAPY (DPT)

### FINAL YEAR

| SEMESTER IX | | | |
|---|---|---|---|
| S.NO | COURSE NAME | CREDIT HOURS | CATEGORY |
| 1. | Cardiopulmonary Physical Therapy | 3 (2 + 1) | Major |
| 2. | Prosthetics & Orthotics | 2 (2 + 0) | Major |
| 3. | Clinical Decision Making & Differential Diagnosis | 3 (3 + 0) | Major |
| 4. | Emergency Procedures in Physical Therapy | 2 (1 + 1) | Major |
| 5. | Evidence Based Practice | 3 (2 + 1) | Major |
| 6. | Supervised Clinical Practice – V | 4 (0 + 4) | Clinical Practice |
| 7. | Capstone / ResearchProject | 3 (0 + 3) | Capstone / Research |
| TOTAL CREDIT HOURS = 20 | | | |

| SEMESTER X | | | |
|---|---|---|---|
| S.NO | COURSE NAME | CREDIT HOURS | CATEGORY |
| 1. | Manual Therapy | 3 (2 + 1) | Major |
| 2. | Integumentary Physical Therapy | 2 (1 + 1) | Major |
| 3. | Women's Health Physical Therapy | 3 (2 + 1) | Major |
| 4. | Pediatric & Neonatal Physical Therapy | 3 (2 + 1) | Major |
| 5. | Geriatric Physical Therapy | 3 (2 + 1) | Major |
| 6. | Supervised Clinical Practice – VI | 4 (0 + 4) | Clinical Practice |
| TOTAL CREDIT HOURS = 18 | | | |

| | |
|---|---|
| TOTAL CREDIT HOURS | 186 |
| TOTAL THEORY CREDIT HOURS FOR 10 SEMESTERS | 125 |
| TOTAL PRACTICAL CREDIT HOURS FOR 10 SEMESTERS | 61 |

# Faculty

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Bahadur Ali | Professor / Chairman |
| 2. | Dr. Munazzah Meraj | Associate Professor (On Study Leave) |
| 3. | Dr. Syed Murtaza Ali, PT | Assistant Professor |
| 4. | Dr. Imran Ahmed, PT | Assistant Professor |
| 5. | Dr. Aamir Raoof Memon, PT | Assistant Professor (On Study Leave) |
| 6. | Dr. Attiq ur Rehman, PT | Assistant Professor |
| 7. | Dr. Mukhry Pasham Memon, PT | Assistant Professor (A.T.W) |
| 8. | Dr. Sidra Faisal, PT | Assistant Professor (A.T.W) |
| 9. | Dr. Marish Memon, PT | Assistant Professor (A.T.W) |
| 10. | Dr. Arsalan Ahmed, PT | Assistant Professor (A.T.W) |
| 11. | Dr. Peraha Wagan, PT | Lecturer |
| 12. | Dr. Mahrukh Tunio, PT | Lecturer |
| 13. | Dr. Pirah Memon, PT | Lecturer |
| 14. | Dr. Zunaira Shaikh, PT | Physiotherapist (IPRS - OPD) |
| 15. | Mr. Badal Ram Rathore | Lecturer (English) |
| 16. | Mr. Muhammad Abdullah Sahito | Lecturer (Islamic Studies) |
| 17. | Mrs. Kiran Manzoor | Instructor (Information Technology) |



# Allocation of Seats

| NAME OF DISTRICT | NO. OF SEATS |
|---|---|
| Nawabshah (Shaheed Benazirabad) | 09 |
| Hyderabad | 02 |
| Matiari | 01 |
| Tando Mohammad Khan | 01 |
| Tando Allahyar | 01 |
| Mirpurkhas | 02 |
| Umerkot | 01 |
| Tharparkar | 01 |
| Sanghar | 02 |
| Jamshoro | 01 |
| Badin | 02 |
| Thatta | 01 |
| Sujawal | 01 |
| Larkana | 02 |
| Shikarpur | 01 |
| Jacobabad | 01 |
| Dadu | 02 |
| Qambar Shahdadkot | 02 |
| Kashmore | 01 |
| Naushahro feroze | 02 |
| Sukkur | 02 |
| Ghotki | 01 |
| Khairpur | 02 |
| Reserved Seat for Employees of PUMHS | 01 |
| Self-Finance | 18 |
| **Total** | **60** |




# FACULTY OF PHARMACEUTICAL SCIENCES

# Introduction

Faculty of Pharmaceutical Sciences was established in the year 2014. The objectives of this institute are to provide Pharmacy Education to the females at their door step, who are living in the far-flung areas of the Sindh province. This Institute will also facilitate Education to the girls who are coming from other parts of the country and overseas.

Faculty of Pharmaceutical Sciences in housed in the Campus of the University in a newly constructed building. The Faculty of Pharmaceutical Sciences offers five years Pharm-D program.

This Institute will impart the education in following areas;

- Biostatistical approach in various aspects of drug research, their design, calculation and evaluation.
- Knowledge about different dosage forms used in pharmacy, their small and large scale preparation, formulation of different dosage forms, and practice of community pharmacy.
- Pharmaceutics is Branch of health science, That Link health science with chemical sciences.
- Pharmaceutics focus on Large scale formulation of safe, effective and Ready to use dosage forms, from Drug/API, without affecting its quality. Pharmacist focus on administration of calculated dose size, in appropriate dosage from to a suitable patient in order to enhance the therapeutic outcomes.
- Knowledge of stability of medicines and their ingredients, principle of compounding, dosage, chemical, physical and therapeutic incompatibility, packaging methods, labelling procedures, legal requirements affecting drug storage, supply and records, containers and labelling of substances and misuse of drugs.
- Techniques for preparation of the dosage forms and latest advances in product formulation and preparation at industrial level.
- Role of a pharmacist in Hospital Management includes the distribution, storage and purchase of drugs in hospital.
- Clinical aspects like therapeutic drug monitoring, determining toxicities, drug interaction, adverse drug reactions and dosage regime establishment.
- Biopharmaceutical concepts of bioavailability and administration, distribution, metabolism and excretion of drugs.



**PROF. DR. HAMID ALI QAZI**

Dean Faculty of Pharmaceutical Sciences

# Introduction

- Knowledge of rules and legislation about controlled, poisonous and dangerous drugs and procedures regarding registration and sale of drugs.
- Pharmaceutical biotechnology and the development of different useful biotechnological products, including gene therapy & pharmacogenomics.
- The modern concepts of microbiological application including microbiological assays of pharmaceuticals, sterilization, disinfection and fermentation, also basic knowledge of immune system.
- Knowledge about crude drugs, evaluation and use, different methods used for extraction and purification of crude drugs from different plant and animal source.
- Relationship between drug concentration and biological response, drug action overtime, factors affecting absorption, distribution, binding, metabolism and elimination of chemicals.



**PROF. DR. JABBAR ABBAS RAJPUT**

Chairman Institute of Pharmaceutical Sciences

# Vision and Mission

## VISION

Faculty of Pharmaceutical Sciences (FPS) PUMHSW aspires to be the leading institute for professional education, providing holistic academic and research standards which are relevant to the needs of industry, health profession and community at large. while maintaining the highest ethical standards.

## MISSION

FPS strives:

- To mold graduates of high moral values and distinction; committed to lifelong learning, leadership, integrity, and professionalism, in response to the national and global needs.

- To produce graduates who are highly employable by advancing the boundaries of scholarship; by providing affordable educational opportunities, training, and services, reflective of the highest standards of innovative teaching-learning approaches and strategies.



# Overview

## DOCTOR OF PHARMACY & OTHER PROGRAMS (M.PHIL. & PH.D.)

- The Doctor of Pharmacy (Pharm-D) is a 5-years professional degree program. It is one of the fastest growing and the most imperative healthcare profession. Apart from preparing the complex and lifesaving drugs, Pharm-D students also learn to provide patient-based services, such as drug monitoring, disease management and counselling.

- The goal of Faculty of Pharmaceutical Sciences is to produce pharmacists who are responsible healthcare professionals and assure the rational drug therapy.

- PharmD course has been designed to produce scientifically and technically competent Pharmacists who can apply their skills, as to provide maximum health care services to the patients. Pharmacy students will be provided opportunity to gain greater experience with patients and have close cooperative relationships with health practitioners. Admissions in PharmD are purely on merit basis as per allocation.

- At the same time institute will give opportunity to the eligible candidates for post graduate education at M.Phil. & Ph.D. level in various fields such as Pharmaceutics, Pharmaceutical Chemistry, Pharmacology, Pharmacognosy and Pharmaceutical Medicinal Chemistry.

- The Faculty of Pharmaceutical Sciences has started applications for admission to the Ph.D. program in Pharmaceutics in year 2025. The program is designed to provide advanced research training to students who have a strong foundation in pharmaceutical sciences. The Ph.D. program in Pharmaceutics at our faculty will be a research-based program that aims to equip students with the knowledge, skills, and expertise required to pursue a career in academia, industry, or research. Our HEC approved qualified faculty, who are experts in their respective fields, will supervise the scholars in research projects that are aligned with the current trends and needs of the pharmaceutical industry. The faculty members have a strong track record of publications in top national and international journals, under their guidance, students will have the opportunity to work on front-line research projects, develop their critical thinking and problem-solving skills, and contribute to the advancement of knowledge in the field of pharmaceutics. The Ph.D. program in Pharmaceutics at our faculty will be a great opportunity for students who are passionate about research and want to make a meaningful contribution to the field of pharmaceutical sciences.

# Objectives

## OBJECTIVES OF PHARM-D

- To keep pace with the innovations in the modern sciences.
- To produce highly skilled pharmacists who fulfil the industrial needs, and they should be well familiar with the basic medical and pharmaceutical sciences to prepare a dosage regimen for an individual patient.
- To implement the internship programs in various disciplines of pharmacy during study, to enhance Practical skills in according with theoretical knowledge.
- To make our graduates more skilful, competitive and knowledgeable both practically and theoretically and having leadership qualities.
- To produce the graduates to meet the challenges of 21$^{st}$ century of health care problems and can participate in research and development in the field of pharmaceutical sciences at national & international Level.



# Objectives

- It is the branch of the health sciences which deals with practice, or profession of formulating, compounding, preserving and safe & effective administration of the drugs.
- Pharmacists are the "drug experts" among health professionals. They understand the basic mechanism of drug action, how it reacts with foods, disease, and other drugs (drug-drug interaction), drugs desired effects and side effects.
- It is also the responsibility of pharmacist to ensure the safe, effective, and economical use of prescribed medications and to verify the validity of prescriptions to satisfy the provisions of the law.
- In addition, a pharmacist consults with patients and health practitioners, monitors, and evaluates drug therapy, teaches, conducts research, and ensures that all patients understand the proper use and storage of medications.
- Therefore, the pharmacist plays fundamental role for the community and for the country, through health care system.



# Career Opportunities

The numbers of carrier opportunities are available for Doctors of Pharmacy, such as:

- Hospital Pharmacist: Clinical Pharmacist, Pharmacy Administrator.
- Pharmaceutical Industry: Research & Development, formulation, quality control, & manufacturing.
- Regulatory Agencies: Drugs Regulatory Authority, Drug testing, at laboratories, Public Health Services, Drug & Food Inspectors, Quality Control Board.
- Pharmacy Colleges/ Institutes/ Universities: Professors/Associate Professors/ Assistant Professors/ lecturers/ Medical Technologists.
- Nuclear Pharmacy: Nuclear pharmacist.
- Forensic Scientist.



# Courses

**THE DOCTOR OF PHARMACY (PHARM-D) IS 05 YEARS PROGRAM.**
**EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 10 SEMESTERS.**

## SCHEME OF STUDIES
## DOCTOR OF PHARMACY (PHARM-D)

### FIRST YEAR

| SEMESTER I | | |
|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** |
| 1. | Physical Pharmacy – I | 4 (3 + 1) |
| 2. | Organic Chemistry – I | 4 (3 + 1) |
| 3. | Biochemistry – I | 3 (2 + 1) |
| 4. | Physiology – I | 4 (3 + 1) |
| 5. | Functional English | 3 (3 + 0) |
| **TOTAL CREDIT HOURS = 18** | | |

| SEMESTER II | | |
|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** |
| 1. | Physical Pharmacy – II | 4 (3 + 1) |
| 2. | Organic Chemistry – II | 4 (3 + 1) |
| 3. | Biochemistry – II | 3 (2 + 1) |
| 4. | Anatomy & Histology | 3 (2 + 1) |
| 5. | Physiology – II | 4 (3 + 1) |
| 6. | Islamic Studies | 2 (2 + 0) |
| **TOTAL CREDIT HOURS = 20** | | |

# Courses

## SCHEME OF STUDIES
## DOCTOR OF PHARMACY (PHARM-D)

### SECOND YEAR

| SEMESTER III | | | |
|---|---|---|---|
| **S.NO** | **COURSE NO** | **COURSE NAME** | **CREDIT HOURS** |
| 1. | IS 402 | Islamic Studies | 3 (3 + 0) |
| 2. | PHARM 410 | Pharmaceutics-IIA (Dosage Forms Science) | 4 (3 + 1) |
| 3. | PHARM 411 | Pharmaceutics-IIIA (Pharmaceutical Microbiology & Immunology) | 4 (3 + 1) |
| 4. | PHARM 412 | Pharmacology and Therapeutics-IA | 4 (3 + 1) |
| 5. | PHARM 413 | Pharmacognosy-IA (Basic) | 4 (3 + 1) |
| 6. | PHARM 414 | Pharmacy Practice-IA (Pharmaceutical Mathematics) | 3 (0 + 3) |
| **TOTAL CREDIT HOURS = 22** | | | |

| SEMESTER IV | | | |
|---|---|---|---|
| **S.NO** | **COURSE NO** | **COURSE NAME** | **CREDIT HOURS** |
| 1. | PS 403 | Pakistan Studies | 2 (2 + 0) |
| 2. | PHARM 415 | Pharmaceutics-IIB (Dosage Forms Science) | 4 (3 + 1) |
| 3. | PHARM 416 | Pharmaceutics-IIIB (Pharmaceutical Microbiology & Immunology) | 4 (3 + 1) |
| 4. | PHARM 417 | Pharmacology and Therapeutics-IB | 4 (3 + 1) |
| 5. | PHARM 418 | Pharmacognosy-IB (Basic) | 4 (3 + 1) |
| 6. | PHARM 419 | Pharmacy Practice-IB (Biostatistics) | 3 (0 + 3) |
| **TOTAL CREDIT HOURS = 21** | | | |

# Courses

## SCHEME OF STUDIES
## DOCTOR OF PHARMACY (PHARM-D)

### THIRD YEAR

| SEMESTER V | | | |
|---|---|---|---|
| **S.NO** | **COURSE NO** | **COURSE NAME** | **CREDIT HOURS** |
| 1. | PHARM 510 | Pharmacy Practice-HA (Dispensing Pharmacy) | 4 (3 + 1) |
| 2. | PHARM 511 | Pharmaceutical Chemistry-IIIA (Pharmaceutical Analysis) | 4 (3 + 1) |
| 3. | PHARM 512 | Pharmacology and Therapeutics-IIA | 4 (3 + 1) |
| 4. | PHARM 513 | Pharmacognosy-IIA (Advanced) | 4 (3 + 1) |
| 5. | PHARM 514 | Pathology | 4 (3 + 1) |
| **TOTAL CREDIT HOURS = 20** | | | |

| SEMESTER VI | | | |
|---|---|---|---|
| **S.NO** | **COURSE NO** | **COURSE NAME** | **CREDIT HOURS** |
| 1. | PHARM 515 | Pharmacy Practice-IIB (Community, Social & Administrative Pharmacy) | 3 (0 + 3) |
| 2. | PHARM 516 | Pharmaceutical Chemistry-IIIB (Pharmaceutical Analysis) | 4 (3 + 1) |
| 3. | PHARM 517 | Pharmacology and Therapeutics-IIB | 4 (3 + 1) |
| 4. | PHARM 518 | Pharmacognosy-IIB (Advanced) | 4 (3 + 1) |
| 5. | PHARM 519 | Pharmacy Practice-III (Computer and its Applications in Pharmacy) | 4 (3 + 1) |
| **TOTAL CREDIT HOURS = 19** | | | |

# Courses

## SCHEME OF STUDIES
## DOCTOR OF PHARMACY (PHARM-D)

### FORTH YEAR

| SEMESTER VII | | | |
|---|---|---|---|
| S.NO | COURSE NO | COURSE NAME | CREDIT HOURS |
| 1. | PHARM 610 | Pharmacy Practice-IVA (Hospital Pharmacy) | 3 (0 + 3) |
| 2. | PHARM 611 | Pharmacy Practice-VA (Clinical Pharmacy-I) | 4 (3 + 1) |
| 3. | PHARM 612 | Pharmaceutics-IVA (Industrial Pharmacy) | 4 (3 + 1) |
| 4. | PHARM 613 | Pharmaceutics-VA (Biopharmaceutics & Pharmacokinetics) | 4 (3 + 1) |
| 5. | PHARM 614 | Pharmaceutics-VIA (Pharmaceutical Quality Management) | 4 (3 + 1) |
| TOTAL CREDIT HOURS = 19 | | | |

| SEMESTER VIII | | | |
|---|---|---|---|
| S.NO | COURSE NO | COURSE NAME | CREDIT HOURS |
| 1. | PHARM 615 | Pharmacy Practice-IVB (Hospital Pharmacy) | 3 (0 + 3) |
| 2. | PHARM 616 | Pharmacy Practice-VB (Clinical Pharmacy-I) | 4 (3 + 1) |
| 3. | PHARM 617 | Pharmaceutics-IVB (Industrial Pharmacy) | 4 (3 + 1) |
| 4. | PHARM 618 | Pharmaceutics-VB (Biopharmaceutics & Pharmacokinetics) | 4 (3 + 1) |
| 5. | PHARM 619 | Pharmaceutics-VIB (Pharmaceutical Quality Management) | 4 (3 + 1) |
| TOTAL CREDIT HOURS = 19 | | | |

# Courses

## SCHEME OF STUDIES
## DOCTOR OF PHARMACY (PHARM-D)

### FINAL YEAR

| SEMESTER IX | | | |
|---|---|---|---|
| S.NO | COURSE NO | COURSE NAME | CREDIT HOURS |
| 1. | PHARM 710 | Pharmaceutics-VIIA (Pharmaceutical Technology) | 4 (3 + 1) |
| 2. | PHARM 711 | Pharmacy Practice-VIA (Advanced Clinical Pharmacy-II) | 4 (3 + 1) |
| 3. | PHARM 712 | Pharmacy Practice-VIIA (Forensic Pharmacy) | 3 (0 + 3) |
| 4. | PHARM 713 | Pharmacy Practice-VIIIA (Pharmaceutical Management & Marketing) | 3 (0 + 3) |
| 5. | PHARM 714 | Pharmaceutical Chemistry IVA (Medicinal Chemistry) | 4 (3 + 1) |
| TOTAL CREDIT HOURS = 18 | | | |

| SEMESTER X | | | |
|---|---|---|---|
| S.NO | COURSE NO | COURSE NAME | CREDIT HOURS |
| 1. | PHARM 715 | Pharmaceutics-VIIB (Pharmaceutical Technology) | 4 (3 + 1) |
| 2. | PHARM 716 | Pharmacy Practice-VIB (Advanced Clinical Pharmacy-II) | 4 (3 + 1) |
| 3. | PHARM 717 | Pharmacy Practice-VIIB (Forensic Pharmacy) | 3 (0 + 3) |
| 4. | PHARM 718 | Pharmacy Practice-VIIIB (Pharmaceutical Management & Marketing) | 3 (0 + 3) |
| 5. | PHARM 719 | Pharmaceutical Chemistry IVB (Medicinal Chemistry) | 4 (3 + 1) |
| TOTAL CREDIT HOURS = 18 | | | |

| | |
|---|---|
| TOTAL CREDIT HOURS | 198 |
| TOTAL THEORY CREDIT HOURS FOR 10 SEMESTERS | 101 |
| TOTAL PRACTICAL CREDIT HOURS FOR 10 SEMESTERS | 97 |

# Faculty

## ADMINISTRATIVE FACULTY OF PHARMACY

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Hamid Ali Kazi | Professor / Dean |
| 2. | Prof. Dr. Jabbar Abbas Rajput | Professor / Chairman |

## I. TEACHING FACULTY DEPARTMENT OF PHARMACOLOGY

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Jabbar Abbas Rajput | Professor / Chairman |
| 2. | Dr. Muhammad Yousuf Jatt | Associate Professor |
| 3. | Dr. Rao Irfan Rajput | Associate Professor (On Study Leave) |
| 4. | Ms. Razia Sultana | Assistant Professor |

## II. TEACHING FACULTY DEPARTMENT OF PHARMACOLOGY

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Hamid Ali Kazi | Professor / Dean |
| 2. | Mr. Hizbullah Memon | Lecturer |
| 3. | Ms. Mehtab Bano Kolachi | Lecturer |
| 4. | Mr. Naveed Hussain | Medical Technologist |
| 5. | Mr. Niaz Hussain Jamali | Medical Technologist |

## III. TEACHING FACULTY DEPARTMENT OF PHARMACOGNOSY

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Dr. Tehseen Ahmed Channa | Assistant Professor |
| 2. | Ms. Farkhanda Kokab | Lecturer |
| 3. | Mr. Ishfaque Nazeer | Medical Technologist |

## IV. TEACHING FACULTY DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Mr. Faraz Qurban Rajper | Assistant Professor (on study leave) |
| 2. | Ms. Shabana Kanwal | Medical Technologist |

## V. TEACHING FACULTY DEPARTMENT OF PHARMACY PRACTICE

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Mr. Arslan Ahmer | Assistant Professor (A.T.W) |
| 2. | Ms. Rizwana Ayub Awan | Lecturer (on study leave) |
| 3. | Mr. Habibullah Soomro | Lecturer |
| 4. | Mr. Muhammad Zaheer Mughal | Statistician |

# Allocation of Seats

| NAME OF DISTRICT | NO. OF SEATS |
|---|---|
| Nawabshah (Shaheed Benazirabad) | 09 |
| Hyderabad | 02 |
| Matiari | 01 |
| Tando Mohammad Khan | 01 |
| Tando Allahyar | 01 |
| Mirpurkhas | 02 |
| Umerkot | 01 |
| Tharparkar | 01 |
| Sanghar | 02 |
| Jamshoro | 01 |
| Badin | 02 |
| Thatta | 01 |
| Sujawal | 01 |
| Larkana | 02 |
| Shikarpur | 01 |
| Jacobabad | 01 |
| Dadu | 02 |
| Qambar Shahdadkot | 02 |
| Kashmore | 01 |
| Naushahroferoz | 02 |
| Sukkur | 02 |
| Ghotki | 01 |
| Khairpur | 02 |
| Reserved Seat for Employees of PUMHS | 01 |
| Self-Finance | 8 |
| **Total** | **50** |

# BACHELOR OF SCIENCE IN PUBLIC HEALTH

# Introduction

A four year undergraduate degree program in Public Health recognized by Higher Education Commission (HEC) Islamabad first to be offered in Pakistan and we have initiated at our University (PUMHSW SBA).

**CAREER OPPORTUNITIES**

Graduates of this program will be in great demand in Public Health sector, NGOs, Health organizations, research institutes and can pursue further studies in Public Health like MSPH & Ph.D.

**SCOPE OF BS PUBLIC HEALTH:**

- Eligible for MSPH Admission
- Program Coordinator
- Health Promotion Facilitator
- Community Health Educator Officer
- Public Health Coordinator
- Surveillance Officer
- Research Assistant
- Public Health Coordinator
- Research Assistant
- Disaster Management Team Member
- Disease Intervention Specialist
- District Epidemiologist
- Disease Eradication Officer
- Nutrition Specialist
- Lady Health Visitor Supervisor
- Lady Health Worker Supervisor
- Occupational Health Officer
- Health Manager

**PROF. DR. NOOR ALI ALIAS GHAZANFAR ALI SAMOON**

Dean Faculty of Community Health Sciences

# Brief Overview

Every year thousands of students appear in MDCAT keeping dreams in eyes to become MBBS Doctor. As the competition has gone so high that a few among those get qualified to fulfil their dreams.

With the passage of time, numerous new disciplines have emerged to absorb those unfortunate youth. One of these allied health sciences disciplines is Bachelor of Science in Public Health (BSPH).

**FACULTY OF COMMUNITY HEALTH SCIENCES**

Faculty of Community Health Sciences was established in January 2011 when the status of Peoples Medical College for Girls elevated to Peoples University of Medical and Health Sciences for Women.

Before acquiring the status of Faculty of Community Health Sciences, it worked as Department of Community Medicine since the inception of Peoples Medical College back in 1974.

**FACULTY OF COMMUNITY HEALTH SCIENCES PROVIDES THE FOLLOWING SERVICES:**

1. Imparts education to 4th Year MBBS students.
2. Since 2012, imparts education to MPH students.
3. The nomenclature of MPH was later on converted to MSPH in 2017.
4. Since 2013, this department has been running course of M.Phil in Community Medicine (02 Years).
5. Begum Bilquees Sultana Institute of Nursing is working in collaboration with Faculty of Community Health Sciences which has separate courses of BS Nursing.
6. Water Analyzing Laboratory is working under supervision of Faculty of Community Health Sciences.
7. Faculty of Community Health Sciences is headed by Dean of Community Health Sciences and hierarchy is followed by Chairman Department of Community Medicine, 02 Associate Professors, 11 Assistant Professors, 12 Senior Lecturer, 03 Demonstrators, 02 Health education Officers and 01 Statistician.
8. Institute of Public Health was established in the year 2017.
9. The Bachelor of Science in Public Health (BSPH) was started after getting accreditation by HEC in 2016.



**IMTIAZ ALI SEELRO**

In-charge Institute of Public Health

# Vision and Mission

## VISION

The BSPH Programme envisions excellence in public health teaching, training and capacity building through providing broad perspectives of health and health-care and innovation, critical-thinking and lifelong learning skills into health-care settings. It will strive to acquire methods to propagate knowledge that will be useful for the furthering of Public Health Education into Masters' and Doctoral programmes.

## MISSION

The mission of the Bachelor of Science in Public Health (BSPH) is to preserve, promote, and improve the health and well-being of populations, communities, and individuals.

## GOAL OF THE BSPH PROGRAMME

The BSPH programme aims to improve the health status of the population, which is to be achieved by providing professionals with a high quality of undergraduate training programme in public health sciences.

| PROGRAM LEARNING OUTCOMES | | |
|---|---|---|
| **PLO** | **TITLE** | **DESCRIPTION** |
| PLO-1 | Apply Foundational Public Health Knowledge | Detect, prevent, and manage common public health problems by applying essential knowledge from epidemiology, biostatistics, life sciences, environmental health, and disease prevention. |
| PLO-2 | Conduct and Interpret Public Health Research | Design, conduct, analyze, and interpret qualitative and quantitative public health research to produce evidence-based reports and inform decision-making. |
| PLO-3 | Plan, Manage, and Evaluate Public Health Interventions | Plan, implement, monitor, and evaluate public health programs effectively in diverse populations and organizational settings. |
| PLO-4 | Communicate and Advocate for Public Health | Clearly and persuasively communicate public health information to diverse audiences using various media, and advocate for equitable and sustainable public health practices. |
| PLO-5 | Demonstrate Professional Ethics and Values | Uphold public health ethics and values, including teamwork, professionalism, cultural sensitivity, equity, creativity, and critical thinking in professional practice. |
| PLO-6 | Analyze Health Systems and Policy | Analyze the structure, function, and challenges of health systems in Pakistan and globally; evaluate the influence of social, cultural, economic, and political factors on health and policy development. |
| PLO-7 | Utilize Information and Communication Technologies (ICT) | Apply digital literacy and Health tools for data collection, management, analysis, and effective communication in public health practice. |

# Vision and Mission

| PROGRAM LEARNING OUTCOMES | | |
|---|---|---|
| **PLO** | **TITLE** | **DESCRIPTION** |
| PLO-8 | Engage and Mobilize Communities | Apply principles of community engagement, social mobilization, and participatory approaches to plan, implement, and evaluate public health initiatives. |
| PLO-9 | Exhibit Public Health Leadership | Demonstrate leadership by guiding teams, managing resources, coordinating with stakeholders, and contributing to public and global health policies and programs. |
| PLO-10 | Adapt to Emerging Public Health Challenges | Identify and respond to contemporary and emerging public health threats (e.g., pandemics, climate change) using innovation, resilience, and appropriate technologies. |



# Objectives

1. Produce competent, committed and skilled public health professionals.
2. Provide foundation for choosing a relevant Track in Public Health in future.
3. Prepare skilled workforce in public health auxiliary and support services
4. Prepare leadership in public health.
5. Develop, administer and evaluate health policies and programmes.
6. Participate directly in efforts to improve the health of the community using community-based and health system's assessment of preventive services.
7. Conduct basic and applied research relevant to the description, risk factors and interventions for the resolution of health problems in the human populations.

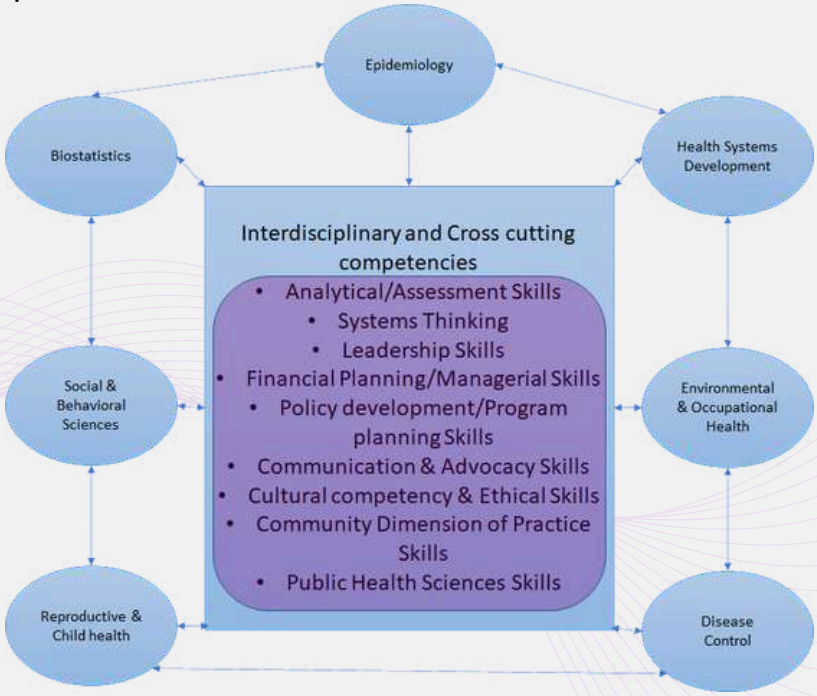
**THE GRADUATES OF THE BSPH PROGRAMME ARE PREPARED TO:**

1. Solve health-related problems within the financial, socio-cultural, environmental, ethical and political framework of Pakistan and its surrounding region.
2. Design, conduct, analyse and interpret the results of relevant studies, projects and programmes.
3. Plan, manage, and evaluate interventions in the field of public health.
4. Communicate public health messages to diverse audience effectively using diverse tools of communication.
5. Advocate simple public health interventions and practices with equity.

**CORE COMPETENCIES**

At the end of the program, the graduate is expected to:

- Detect, prevent and manage common public health problems in Pakistan
- Acquire basic computer skills
- Supervise, monitor and manage public health issues
- Be effective communicator
- Practice and promote professional ethics
- Conduct basic research and prepare reports
- Analyse health system problems
- Critical thinking and creativity
- Cultural context in which public health professionals work
- Community dynamics
- Networking
- Health Advocacy
- Teamwork and leadership
- Professionalism



# Courses

**THE BACHELORS OF SCIENCE IN PUBLIC HEALTH (BSPH) IS 04 YEARS PROGRAM. EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 8 SEMESTERS.**

## SCHEME OF STUDIES
## BACHELORS OF SCIENCE IN PUBLIC HEALTH (BSPH)

### FIRST YEAR

| SEMESTER I | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Introduction to Public Health | 3 (2 + 1) | Major |
| 2. | Quantitative Reasoning-I | 3 (3 + 0) | General Education |
| 3. | Microbiology | 3 (2 + 1) | General Education |
| 4. | Functional English | 3 (3 + 0) | General Education |
| 5. | Applications of ICTs | 3 (2 + 1) | General Education |
| 6. | Fahm-e-Quran | 1 (0 + 1) | General Education |
| **TOTAL CREDIT HOURS = 16** | | | |

| SEMESTER II | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Life Sciences-Biology I (APB) | 3 (2 + 1) | Major |
| 2. | Quantitative Reasoning-II | 3 (3 + 0) | General Education |
| 3. | Medical Anthropology | 3 (2 + 1) | Major |
| 4. | Expository Writing | 3 (3 + 0) | General Education |
| 5. | Pakistan Studies | 2 (2 + 0) | General Education |
| 6. | Concepts of Health & Development | 3 (2 + 1) | Major |
| 7. | Fahm-e-Quran | 1 (0 + 1) | General Education |
| **TOTAL CREDIT HOURS = 18** | | | |

# Courses

**THE BACHELORS OF SCIENCE IN PUBLIC HEALTH (BSPH) IS 04 YEARS PROGRAM. EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 8 SEMESTERS.**

## SCHEME OF STUDIES
## BACHELORS OF SCIENCE IN PUBLIC HEALTH (BSPH)

### SECOND YEAR

| SEMESTER III | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Life Sciences-Biology II (Phar, Patho, FM) | 3 (2 + 1) | Major |
| 2. | Fundamentals of Health Systems | 3 (2 + 1) | Major |
| 3. | Health Promotion (Adv & SM) | 3 (3 + 0) | Major |
| 4. | Arts & Humanities Arabic Studies (Related to Quran Fahme Assessment) | 2 (2 + 0) | General Education |
| 5. | Islamic Studies / (Religious Edu / Ethics for non-Muslim students) | 2 (2 + 0) | General Education |
| 6. | Ideology & Constitution of Pakistan | 2 (2 + 0) | General Education |
| 7. | Artificial Intelligence (AI) | 3 (2 + 1) | General Education |
| **TOTAL CREDIT HOURS = 18** | | | |

| SEMESTER IV | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Basic Epidemiology I | 3 (2 + 1) | Major |
| 2. | Basic Biostatistics I | 3 (2 + 1) | Major |
| 3. | Primary Health Care (PHC) | 3 (2 + 1) | Major |
| 4. | Principles of Psychology | 2 (2 + 0) | General Education |
| 5. | Civics & Community Engagement | 2 (2 + 0) | General Education |
| 6. | Entrepreneurship | 2 (2 + 0) | General Education |
| **TOTAL CREDIT HOURS = 15** | | | |

# Courses

**THE BACHELORS OF SCIENCE IN PUBLIC HEALTH (BSPH) IS 04 YEARS PROGRAM. EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 8 SEMESTERS.**

## SCHEME OF STUDIES
## BACHELORS OF SCIENCE IN PUBLIC HEALTH (BSPH)

### THIRD YEAR

| SEMESTER V | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Basic Epidemiology II | 3 (2 + 1) | Major |
| 2. | Basic Biostatistics II | 3 (2 + 1) | Major |
| 3. | Population Dynamics | 3 (3 + 0) | Major |
| 4. | Reproductive Health | 3 (2 + 1) | Major |
| 5. | Community Paediatrics | 3 (3 + 0) | Interdisciplinary |
| 6. | Personal Hygiene | 2 (2 + 0) | Interdisciplinary |
| **TOTAL CREDIT HOURS = 17** | | | |

| SEMESTER VI | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Research Methods in Public Health | 3 (3 + 0) | Major |
| 2. | Community Nutrition | 3 (2 + 1) | Major |
| 3. | Health Marketing | 3 (3 + 0) | Elective |
| 4. | Health Planning | 3 (3 + 0) | Elective |
| 5. | Health Policy Management | 3 (3 + 0) | Elective |
| 6. | Entomology | 2 (2 + 0) | Interdisciplinary |
| **TOTAL CREDIT HOURS = 17** | | | |

# Courses

**THE BACHELORS OF SCIENCE IN PUBLIC HEALTH (BSPH) IS 04 YEARS PROGRAM. EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 8 SEMESTERS.**

## SCHEME OF STUDIES
## BACHELORS OF SCIENCE IN PUBLIC HEALTH (BSPH)

### FINAL YEAR

| SEMESTER VII | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Communicable & Non-Communicable Diseases | 3 (2 + 1) | Major |
| 2. | Health Professional Education | 3 (3 + 0) | Interdisciplinary |
| 3. | Health Economics | 3 (3 + 0) | Elective |
| 4. | Public Health & Informatics | 3 (3 + 0) | Elective |
| 5. | Mental Health & wellbeing | 3 (3 + 0) | Interdisciplinary |
| 6. | Capstone Project I (Synopsis) | 3 (0 + 3) | Project |
| **TOTAL CREDIT HOURS = 18** | | | |

| SEMESTER VIII | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Environmental & Occupational Health | 3 (2 + 1) | Major |
| 2. | Emergency Preparedness | 3 (3 + 0) | Elective |
| 3. | Project Management (Health) | 3 (3 + 0) | Elective |
| 4. | Behavioral & Social Science in Public Health | 3 (3 + 0) | Elective |
| 5. | Capstone Project II (Final Report) | 3 (0 + 3) | Project |
| **TOTAL CREDIT HOURS = 15** | | | |

**Note:** Field Visits and Seminars by students will be non-credit but compulsory subjects spread over each Semester.

| | |
|---|---|
| **TOTAL CREDIT HOURS** | **136** |
| **TOTAL THEORY CREDIT HOURS FOR 10 SEMESTERS** | **109** |
| **TOTAL PRACTICAL CREDIT HOURS FOR 10 SEMESTERS** | **27** |

# Courses

| LIST OF ELECTIVE COURSES | |
|---|---|
| **S.NO** | **COURSE NAME** |
| 1 | Prison Health |
| 2 | International Health |
| 3 | Health Economics and Financing |
| 4 | Health Inventory Management |
| 5 | Disaster Management |
| 6 | School Health |
| 7 | Health Information System |
| 8 | Health Project Management |
| 9 | Arts and Public Health |
| 10 | Community Dentistry |
| 11 | Community Psychiatry |
| 12 | Community Nursing |
| 13 | Food and Drug Safety |
| 14 | Health Marketing |
| 15 | Addiction and social Rehabilitation |
| 16 | Nuclear Medicine |
| 17 | Sports Medicine |
| 18 | Adolescent and Sexual Health |
| 19 | Risk Prevention |
| 20 | Geriatrics |
| 21 | Endemic Diseases |





# Faculty

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Prof. Dr. Noor Ali Samoon | Professor & Dean Faculty of Community Health Sciences & Allied Health Sciences, PUMHSW SBA |
| 2. | Dr. Jawaid Hussain Leghari | Chairman, Community Medicine Department |
| 3. | Mr. Imtiaz Ali | Assistant Professor Medical Anthropology (A.T.W) & Incharge IPH |
| 4. | Dr. Imran Ali Jamali | Assistant Professor (A.T.W) |
| 5. | Dr. Hanna Khair Tunio | Assistant Professor (Health Management & Planning) |
| 6. | Dr. Sher Muhammad Chandio | Assistant Professor |
| 7. | Ms. Faika Memon | Assistant Professor (Psychology) |
| 8. | Ms. Salma | Assistant Professor (Medical Anthropology) |
| 9. | Dr. Saud Farooque | Assistant Professor (Animal Experimentation) |
| 10. | Dr. Zahoor Ahmed Khoso | Assistant Professor (Serology) |
| 11. | Ms. Seema Leghari | Assistant Professor (English) (A.T.W) |
| 12. | Ms. Hira Lanjar | Lecturer (Psychology) |
| 13. | Ms. Aqsa Kalhoro | Lecturer (Psychology) |
| 14. | Mr. Muhammad Abdullah | Lecturer (Islamiyat) (on Rendered Basis) |
| 15. | Ms. Uzma Abbasi | Health Education Officer |
| 16. | Dr. Zainab Shumaila | Senior Lecturer |
| 17. | Dr. Benazir Maria | Senior Lecturer |
| 18. | Dr. Mehwish Chandio | Demonstrator |
| 19. | Dr. Sanam Soomro | Lecturer |
| 20. | Dr. Saqiba | Lecturer |





# Allocation of Seats

| NAME OF DISTRICT | NO. OF SEATS |
|---|---|
| Nawabshah (Shaheed Benazirabad) | 05 |
| Karachi | 01 |
| Hyderabad | 01 |
| Matiari | 01 |
| Tando Mohammad Khan | 01 |
| Tando Allahyar | 01 |
| Mirpurkhas | 01 |
| Umerkot | 01 |
| Tharparkar | 01 |
| Sanghar | 01 |
| Jamshoro | 01 |
| Badin | 01 |
| Thatta | 01 |
| Sujawal | 01 |
| Larkana | 01 |
| Shikarpur | 01 |
| Jacobabad | 01 |
| Dadu | 01 |
| Qambar Shahdadkot | 01 |
| Kashmore | 01 |
| Naushahro feroze | 01 |
| Sukkur | 01 |
| Ghotki | 01 |
| Khairpur | 01 |
| **Open merit on Pakistan basis** | 09 |
| **Open merit on Sindh basis** | 10 |
| **Reserved Seat for Employees of PUMHS** | 01 |
| **Self-Finance** | 02 |
| **Total** | **50** |

**Accreditation:** Higher Education Commission of Pakistan Public Health Council




# BEGUM BILQEES SULTANA INSTITUTE OF NURSING

# Introduction

The institute of Nursing was established under the visionary leadership of Prof. Dr. Azam Hussain Yousfani, founder Vice Chancellor, Peoples University of Medical & Health Sciences for Women Shaheed Benazir Abad in December 2012.

It is named behind the honorable mother of his excellency President of Islamic Republic of Pakistan "***Asif Ali Zardari***" as

BEGUM BILQUEES SULTANA INSTITUTE OF NURSING,

the first ever public sector nursing Institute in Pakistan to provide quality education to deserving female students to acquire in-depths knowledge and essential skills, and appropriate care. It attracts female students all over the country.

The Institute of Nursing is present in the campus of the newly constructed building the Nursing Institute. The Institute is fully equipped with all necessary equipment's and skills lab according to the need of modern standard of Nursing Education. This Institute offers Four Years BS Nursing Degree Program.



**MR. SAIFULLAH MAHAR**

Chairman BS Nursing

# Introduction

## PHILOSOPHY OF BS NURSING

Begum Bilquees Sultana Institute of Nursing believes in the philosophy that reveals the human care. As of the nursing perspective of Human care reflects the human responses in the disease as well as helps to identify the potential risks that can effect the well-being of a person. The concept of the holistic human care provides the basis of nursing philosophy and corporates the course components of nursing paradigm: Nursing Person, Environment and Health. The interaction of environment with human being would alter the human response of the status of well-being or disease otherwise.

Among the challenges of 21st century includes the need to inculcate the "Human care nursing sciences" through the scientific research approach. In addressing these challenges, the philosophy of human care nursing sciences provides the frame work to transform the nursing curriculum by integrating the up –to-date nursing science to comprehend the various factors; influential for the human responses



# Vision and Mission

## VISION

Being leading institution in the nursing education and health care, recognized for its excellence in training, research and community service, empowering women to become innovative leaders in the health sectors.

## MISSION

Begum Bilqees Sultana Institute of Nursing is committed to provide Nursing Education to advance knowledge of the discipline and demonstrate leadership to meet the health care needs of a pluralistic society. We will accomplish this by:

**Education:** to provide high-quality education in nursing and health sciences, equipping nursing students with the knowledge, skills and attitudes necessary to excel in health care professions.

**Research:** to foster a culture of research and innovation that contributes to medical advancements and community health improvement.

**Community Service:** to actively engage with the community and promote health awareness, accessibility and quality nursing care/ services.

**Leadership:** To empower Nurses by creating opportunities for their professional growth and women leadership in the health sector.

**Collaboration:** To collaborate with national and international institutions to enhance educational and research capabilities, ultimately benefiting the health care landscape.

## OBJECTIVES OF THE INSTITUTE

1. To provide quality education to students, groom their personality and to enhance their sense of responsibility, confidence, commitment and dedication towards their profession, community and society, national as well as at global level, to provide better health services.
2. To increase significantly the range of human knowledge and understanding by creating knowledge through research of international excellence.
3. To produce trained professionals according international standards.
4. To develop institution as a center of excellence.
5. To continue to make professional education available to all those able to benefit from it, regardless of economics or social status.

# Florance Nightingle Pledge

*To be taken at the time of being admitted as Member of the Nursing Profession*

**Oath:**

I solemnly, pledge myself before God and in the presence of this assembly that:

I will pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and mischievous and will not take or knowingly administer any harmful drug.

I will do all in my power to maintain & elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to knowledge in the practice of my profession

With loyalty I will endeavor to aid the physician in his work, and devote myself to the of those committed to my care

**"So! Allah helps me"**





# Academic Program

## 1. PROGRAM DESCRIPTION

The Bachelor of Science in Nursing (BSN) is a 4-year professional degree program leading to practice as a Registered Nurse. This program integrates knowledge, skills, competencies, and professional attitude required for competent clinical nursing practice. Since nursing practice transcends cultural and national boundaries, it evolves according to the health needs of global society.

The program places a strong emphasis on the graduates' ability to improve the health and well-being of the population they serve. The program offers an intellectual foundation of academic, professional, and personal attributes while focusing on critical thinking and writing, speaking and quantitative skills.

The four primary focuses of BSc.N program are risk mitigation, disease prevention, health restoration, and health promotion. The program's goal is to produce nursing students who can offer comprehensive care to patients of all ages, genders, and ethnicity.

To promote the goal of the program, the courses are laid on the foundation of nursing knowledge, basic sciences, arts, and humanities. Additionally, it comprises the courses under the category of natural sciences, social sciences, quantitative reasoning, arts and humanities, nursing foundation and advanced sciences, nursing intervention and outcomes, functional English, and expository writing, working knowledge of ICT* applications, entrepreneurship, civic and community engagement, leadership, religion, and ethics to provide essential nursing services and care to individuals, families, and the community.

The implementation of the curriculum involves intense theoretical teaching, learning through simulation, and clinical practice in diverse healthcare and community settings. To enhance graduates' competencies, the curriculum focuses on a variety of teaching and learning strategies and incorporates multiple forms of assessing students' learning. The graduates will complete internship after the 4-year BSN program at any healthcare facility. The internship program is illustrated in the scheme of studies.

The graduate of this program is prepared to provide comprehensive and evidence-based care at primary, secondary, and tertiary levels within all healthcare and community settings. The BSN degree prepares nurses for a wide variety of professional roles such as staff nurse, community health nurse, school health nurse, and home health care nurse.

The BSN degree is a steppingstone for advancing a career in the nursing profession. Experienced registered nurses with higher education have broader career opportunities in clinical, education, research, and administration nationally and internationally.

# Academic Program

## 2 PROGRAM LEARNING OUTCOMES (PLOS)

The learning outcomes of the BSN program are to:

- Prepare competent and committed nurse clinicians for all healthcare and community settings. Clinician
- Provide safe and quality nursing care for the prevention of disease, promotion, and maintenance of health to individuals, families, and communities. Clinician
- Equip the graduates with the knowledge, skills, and attitudes required for the provision of safe nursing and quality care. Clinician
- Integrate research findings for the provision of evidence-based best care for individuals, families, and communities. Research scholar
- Develop the graduates' critical thinking, problem-solving, decision making and leadership skills for confronting the complexities and demands of health care in the 21st century. Leader
- Adhere to an established pattern of professional practices within the cultural, religious, legal, and ethical framework at the national and international level. Professionalism
- Inculcate effective communication skills, while dealing with peers, patients, families, communities, and inter-disciplinary professionals. Communicator and collaborator
- Enable the graduates to utilize concepts, standards, and strategies while leading and coordinating planning, implementation, and evaluation of patients, families, and communities' care. clinician
- Equip the graduates to maintain a safe and healthy environment for the prevention of disease, promotion, and maintenance of health. clinician
- Prepare the graduates to participate actively in professional organizations for the improvement of the nursing profession. Leader/collaborator
- Inculcate the importance of continuing competence and the value of lifelong learning.
- Able to assess, support and work as an active team member during disaster management. Clinician/collaborator
- Identify and report issues resulting from climate changes on individuals and community health. Collaborator
- Use healthcare informatics and technology legally and ethically to improve patients' care outcomes.
- Provide respectful services during end-of- life care.

# Academic Program

## SCHEME OF STUDIES (8 SEMESTERS)

BSN program is comprised of 134 credit hours spread over a minimum of four years duration. The broader framework of the BSN program is given below:

| | |
|---|---|
| **Credit Hours** | 134 |
| **Program Duration** | 4-6 years (extendable to another 1 year in special cases) |
| **Semester Duration** | 16-18 weeks (1-2 weeks for examination) |
| **Course Load** | As per HEC Semester Guidelines |
| **Summer Semester Credit Hours** | Maximum 8 (for remedial/deficiency/failure/repetition courses) |
| **Summer Semester Duration** | 8-9 weeks |
| **Attendance** | 75 % |
| **3 Credit Hours (Theory)** | 3 classes (1 hour each) OR 2 classes (1.5 hour each) OR 1 class (3 hours) |
| **1 Credit Hour (Practical / Laboratory / Field)** | 3 hour |

### 4. CURRICULUM LEARNING OBJECTIVES

**1: Academic Excellence**

- Implement HEC & PNMC revised nursing curriculum (2024).
- Revise teaching methodologies (problem-based learning, simulation labs, OSCE).
- Develop digital learning platforms (LMS, e-library access).
- Regular faculty development workshops on innovative teaching and assessment.

**2: Clinical Training & Practice**

- Strengthen a conducive learning environment at PMC Hospital and affiliated healthcare centres.
- Establish modern skills & simulation labs for hands-on training.
- Ensure supervised clinical rotations in medicine, surgery, paediatrics, psychiatry, community health, and maternity.
- Provide comprehensive knowledge of scientific theories, methodologies, and the latest tools in nursing education.

**3: Research & Innovation**

- Foster a Nursing Research culture.
- Conduct workshops on research methodology, data analysis, and proposal writing.
- Encourage undergraduate research projects & publications.
- Organize annual research poster presentations.

**4: Professional and Interpersonal Skills**

- Create a competitive and supportive environment to foster professional and interpersonal skills.
- Organize soft skills and leadership training workshops focusing on communication, teamwork, conflict management, and decision–making / problem solving.
- Introduce a student mentorship program including self-assessments and mentor feedback.

**5: Student engagement in community service**

- Organize health camps and awareness programs and education seminars in collaboration with school health and community health services and NGOs.
- Collect reports on outcomes of community service initiatives.
- Obtain feedback from community partners and NGOs on the effectiveness and impact of student led-initiatives.

# Courses

**THE BACHELORS OF NURSING (BSN) IS 04 YEARS PROGRAM.**

**EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 8 SEMESTERS.**

## SCHEME OF STUDIES
## BACHELORS OF NURSING (BSN)

### FIRST YEAR

| SEMESTER I | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Microbiology | 2 (1.5 + 0.5) | General Education |
| 2. | Biochemistry | 2 (1.5 + 0.5) | General Education |
| 3. | English-Functional English | 3 (3 + 0) | General Education |
| 4. | Fundamentals of Nursing-I | 3 (2 + 1) | Major |
| 5. | Anatomy & Physiology-I | 3 (2.5 + 0.5) | Major |
| 6. | Ideology and Constitution of Pakistan | 2 (2 + 0) | General Education |
| 7. | Information and Communication Technology | 2 (1 + 1) | General Education |
| **TOTAL CREDIT HOURS = 17** | | | |

| SEMESTER II | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Fundamentals of Nursing – II | 4 (2 + 2) | Major |
| 2. | Quantitative Reasoning – I | 3 (3 + 0) | General Education |
| 3. | Anatomy & Physiology – II | 3 (2.5 + 0.5) | Major |
| 4. | Applied Nutrition | 2 (2 + 0) | Interdisciplinary |
| 5. | Theoretical Basis of Nursing | 2 (2 + 0) | General Education |
| 6. | Islamic Studies / Ethics | 2 (2 + 0) | General Education |
| 7. | Pakistan Studies | 2 (2 + 0) | General Education |
| **TOTAL CREDIT HOURS = 18** | | | |

# Courses

**THE BACHELORS OF NURSING (BSN) IS 04 YEARS PROGRAM.**

**EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 8 SEMESTERS.**

## SCHEME OF STUDIES
## BACHELORS OF NURSING (BSN)

### SECOND YEAR

| SEMESTER III | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Professional Communication Skills | 3 (3 + 0) | General Education |
| 2. | Clinical Pharmacology and Drug Administration – I | 2 (2 + 0) | Major |
| 3. | Medical Surgical Nursing – I | 7 (3 + 4) | Major |
| 4. | Health Assessment – I | 2 (1 + 1) | Major |
| 5. | Pathophysiology – I | 3 (2 + 1) | Major |
| **TOTAL CREDIT HOURS = 17** | | | |

| SEMESTER IV | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Applied Psychology | 3 (3 + 0) | Interdisciplinary |
| 2. | Clinical Pharmacology and Drug Administration – II | 2 (2 + 0) | Major |
| 3. | Medical Surgical Nursing – II | 7 (3 + 4) | Major |
| 4. | Health Assessment – II | 2 (1 + 1) | Major |
| 5. | Pathophysiology – II | 3 (2 + 1) | Major |
| 6. | Professional Ethics for Nurses | 2 (2 + 0) | Major |
| **TOTAL CREDIT HOURS = 19** | | | |

# Courses

**THE BACHELORS OF NURSING (BSN) IS 04 YEARS PROGRAM.**
**EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 8 SEMESTERS.**

## SCHEME OF STUDIES
## BACHELORS OF NURSING (BSN)

### THIRD YEAR

| SEMESTER V | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Civics and Community Engagement | 2 (2 + 0) | General Education |
| 2. | Pediatric Health Nursing | 7 (3 + 4) | Major |
| 3. | Maternal, Neonatal and Child Health Nursing | 3 (2 + 1) | Major |
| 4. | Epidemiology | 2 (2 + 0) | Interdisciplinary |
| 5. | Infectious Diseases | 2 (2 + 0) | Interdisciplinary |
| **TOTAL CREDIT HOURS = 16** | | | |

| SEMESTER VI | | | |
|---|---|---|---|
| **S.NO** | **COURSE NAME** | **CREDIT HOURS** | **CATEGORY** |
| 1. | Principles of Teaching & Learning | 3 (3 + 0) | Interdisciplinary |
| 2. | Public Health Nursing | 4 (2 + 2) | Major |
| 3. | Mental Health Nursing | 6 (3 + 3) | Major |
| 4. | Introduction to Biostatistics (QR II) | 3 (3 + 0) | General Education |
| 5. | Culture, Health & Society | 2 (2 + 0) | General Education |
| **TOTAL CREDIT HOURS = 18** | | | |

# Courses

**THE BACHELORS OF NURSING (BSN) IS 04 YEARS PROGRAM.**
**EACH YEAR IS DIVIDED INTO 2 SEMESTERS THUS MAKING TOTAL OF 8 SEMESTERS.**

## SCHEME OF STUDIES
## BACHELORS OF NURSING (BSN)

### FINAL YEAR

| SEMESTER VII | | | |
|---|---|---|---|
| S.NO | COURSE NAME | CREDIT HOURS | CATEGORY |
| 1. | Leadership & Management | 3 (2 + 1) | Interdisciplinary |
| 2. | Critical Care Nursing | 7 (2 + 5) | Major |
| 3. | Introduction to Nursing Research | 3 (3 + 0) | Major |
| 4. | Entrepreneurship | 2 (2 + 0) | General Education |
| 5. | Elective | 2 (2 + 0) | Major |
| TOTAL CREDIT HOURS = 17 | | | |

| SEMESTER VIII | | | |
|---|---|---|---|
| S.NO | COURSE NAME | CREDIT HOURS | CATEGORY |
| 1. | Geriatric Nursing | 3 (1.5 + 1.5) | Major |
| 2. | Trends and Issues in Health Care | 2 (2 + 0) | Major |
| 3. | Expository Writing | 3 (3 + 0) | General Education |
| 4. | Elective | 3 (3 + 0) | Major |
| 5. | Clinical Practicum | 4 (0 + 4) | Clinical |
| TOTAL CREDIT HOURS = 15 | | | |

| | |
|---|---|
| TOTAL CREDIT HOURS | 137 |
| TOTAL THEORY CREDIT HOURS FOR 10 SEMESTERS | 97.50 |
| TOTAL PRACTICAL CREDIT HOURS FOR 10 SEMESTERS | 39.50 |

# Faculty

| SR. NO | NAME | DESIGNATION |
|---|---|---|
| 1. | Mr. Saifullah Mahar | Chairman / Associate Professor |
| 2. | Mr. Ghulam Mustafa Rajput | Associate Professor |
| 3. | Mr. Ahsanullah Qureshi | Associate Professor |
| 4. | Mr. Rashid Hussain | Associate Professor |
| 5. | Mr. Munwar-us-Salam | Associate Professor |
| 6. | Mr. Pir Bux Jokhio | Assistant Professor |
| 7. | Ms. Rubina Parveen | Assistant Professor |
| 8. | Ms. Farzana Soomro | Assistant Professor |
| 9. | Mr. Mushtaq Ali Talpur | Assistant Professor |
| 10. | Mr. Badal Ram Rathore | Lecturer (English) |



# Allocation of Seats

| NAME OF DISTRICT | NO. OF SEATS |
|---|---|
| Nawabshah (Shaheed Benazirabad) | 12 |
| Hyderabad | 03 |
| Karachi | 04 |
| Matiari | 02 |
| Tando Mohammad Khan | 02 |
| Tando Allahyar | 02 |
| Mirpurkhas | 03 |
| Umerkot | 02 |
| Tharparkar | 02 |
| Sanghar | 03 |
| Jamshoro | 02 |
| Badin | 03 |
| Thatta | 02 |
| Sujawal | 02 |
| Larkana | 03 |
| Shikarpur | 02 |
| Jacobabad | 02 |
| Dadu | 03 |
| Qambar Shahdadkot | 03 |
| Kashmore | 02 |
| Naushahro feroze | 03 |
| Sukkur | 03 |
| Ghotki | 02 |
| Khairpur | 03 |
| **Open merit on Sindh basis** | 03 |
| **Reserved Seat for Employees of PUMHS** | 02 |
| **Self-Finance** | 05 |
| **Total** | **80** |

# Important Directions

Every application for admission shall be accompanied by the entrance test & admission processing fee non-refundable

Rs. 4,000/- (Rupees Four Thousand only),

by paying challah in Habib Bank Ltd,
**A/C "1439-79014003-03"** titled: **"PUMHSW Online Students Receipts".**

Three photocopies of the following documents duly attested only by a Government officers of Grade-18 or above.

a) Mark sheet of Matriculation & Pakka certificate

b) Mark sheet & Pass Certificate of Intermediate (Pre-Medical) with minimum 60% marks.

c) Equivalence Certificates from IBCC for A / O level examination.

d) Transcript Certificate of A / O level.

e) Permanent Resident Certificate (PRC) on form C of candidate.

f) Domicile Certificate of Candidate.

g) Domicile Certificate (Father/Mother/Guardian).

g-1) Domicile Certificate of the father (on form P-1). In case the father is not alive and no Domicile Certificate has been issued to him, the mother's Domicile Certificate shall be acceptable. The Domicile Certificate of the candidate shall be accepted only if she is above 18 years of age, or her parents are not alive (supported by death certificate and no such Certificate was issued to them or where the mother has remarried after death of the father.

g-2) Candidate producing equivalence certificate of examination other than intermediate Boards of Pakistan shall have to produce certificate from the competent authority of having passed the following subjects.

# Important Directions

I) Chemistry, Biology, Physics and English.

II) A pass certificate in Pakistan Studies, and Islamiat or Civics from any Intermediate Board of Pakistan for Muslims and Non-Muslims, respectively.

III) All the A-level and O-level results submitted for the equivalence, calculator shall be determined by the Inter Board Committee of Chairman, Islamabad (IBCC) Address: Secretary IBCC (Inter Board Committee of Chairman) office No. 342, Street No 97, Sector G-9/4,Islamabad.

IV) Death Certificate of Father If not alive

V) CNIC / B-form of candidate (from NADRA)

VI) CNIC of Father/Mother/Guardian) (from NADRA)

VII) Six passport size photographs (candidate).

2. Candidates having passed Intermediate (Pre-Medical) with minimum 60% & (50% only for BS Nursing Program) marks shall also be eligible to appear in the Entry Test.

3. Entry Test will be conducted from the Intermediate Syllabus.

4. Affidavit Undertaking shall be given by the student and her parent or guardian on stamp paper of Rs.50 as per specimens given at appendix I, II, to the effect that they are not admitted in any other University or Medical college and they have not submitted any false document.

5. The application form and required documents completed in all respects, shall be submitted to the concerned Admission Office PUMHSW within due date.

# AFFIDAVIT

(To be typed on Rs.50/- Stamp paper)

I, _____ D/o _____ Muslim, Adult
R/o _____ a candidate for admission in 1st year, DPT, Pharm-D, BS Public Health & BS Nursing For the academic session 2026-27, in PUMHSW, SBA, do hereby state on solemn affirmation on oath as under:

1. That I am a holder of P.R.C. of district_____, which was issued on the basis of domicile of district _____ , issued to me/my father/mother and I have no other PRC/Domicile of any other district in Sindh.
2. That if I am allowed admission in Doctor of Physiotherapy / Doctor of Pharmacy / BS Public Health & BS Nursing of the merit seat of District_____, or otherwise against reserved seats under UEAP/(Local) (all other categories) on the basis of Domicile / PRC, I shall not seek admission in any other public sector / private sector Medical College/ Medical University or any other Degree College / University of the country against any seat of other District.
3. That all documents submitted by me along with application form are genuine and correct and no false document has been submitted. If any document/information is found to be false, incorrect or otherwise defective thereby I know that admission is liable to be canceled.
4. That after my final selection/provisional admission on open/general merit seat / under UEAP (local)or any other category seats in DPT, Pharm-D, BS Public Health & BS Nursing course I shall complete the course of 05 (five) years. However in case I leave the PUMHS/College before completion of the course, I shall be liable to pay penalty of **Rs. 250,000** (Two Lacs and Fifty Thousand only) payable through Pay Order/Demand Draft to the PUMHS / College for wasting the precious seat of general merit and pay penalty of **Rs. 350,000** (Three Lacs and Fifty Thousand only) payable through Pay Order/Demand Draft to the PUMHS / College for wasting the precious seat of self finance, else I will not be entitled to issuance of any certificate from the Institution.
5. That I also undertake not to involve myself in any kind of political activity throughout my tenure in this institution as a Student and in case I am found involved in such activities, the authority of the institution shall be at liberty to expel/rusticate me and to cancel my admission.
6. That I also state that I have gone through all the rules, terms & conditions of the admissions, studies and declare that my priority of choice for course is indicated in the application form.
7. That whatever is stated above is true and correct to the best of my knowledge & belief.

Signature of the Deponent _____ CNIC_____

The deponent named above is identified by me to the commissioner for taking affidavit.

**Advocate**

Solemnly affirmed on oath this day_____of_____2026-27 at_____by deponent named above who is identified to me by Ms._____Advocate whom I know. The contents were first truly & audibly read over & explained to the deponent in_____language who appears to have understood the same & put /her signature in my presence.

SEAL FIRST CLASS MAGISTRATE

# UNDERTAKING BY PARENT / GUARDIAN

(To be typed on Rs.50/- Stamp paper)

I Parent/Guardian of _____ do hereby undertake and assure that my daughter / ward will not join any political activity directly or indirectly throughout her career as medical student.
I also understand that if my daughter / ward is found involved in any political and ethnic activity, I shall have no objection to her prior examination / rustication from the University.

Signature of Parent Guardian Full Address

*These executants is identified by me to the Attesting Authority.*

***Advocate***

*The executants is identified to me by Mr. _____Advocate. The contents of the undertaking are read over and explained to the executants in _____language, which he appears to have understood the same and put her signature/thumb Impression before me.*

SEAL FIRST CLASS MAGISTRATE

# Check List

- Photo Copy of Challan Slip of deposited in designated branch of HBL
- Original Application Form
- Original Admit Card
- Three Photocopies of Matriculation Certificate (SSC) or O-Level equivalence certificate by IBCC
- Three Photocopies of Matric Marks Certificate or O-Level equivalence Certificate by IBCC
- Three Photocopies of Intermediate Science Marks Certificate (HSC) or A-Level equivalence Certificate by IBCC or who have passed Intermediate (Pre-Medical) with minimum 60% marks, shall also be eligible to appear in the Entry Test.
- Three Photocopies of Candidate's Domicile Certificate of Sindh Province except District Karachi
- Three Photocopies of Candidate's Permanent Residence Certificate (PRC Form "C") of Sindh Province except District Karachi
- Three Photocopies of Domicile Certificate & PRC of Father / Mother / Guardian of Sindh Province
- In case father is not alive, Death Certificate of Father (Three Photocopies)
- Three Photocopies of Candidate's NADRA National Identity Card or "B" Form (if candidate is below the age of 18 years)
- Three Photocopies of National Identity Card of Father/Guardian, issued by NADRA
- Photocopy of Intermediate Provisional Certificate or A-Level Grade Statement Certificate by the Board
- Six Passport size Photographs of Candidate with her Name duly written on the Back of these Photographs

# Sample Test Paper

**ENGLISH**
Total Questions 28

Complete the Sentence by choosing the most appropriate word, from the given lettered chooses (A to E) below each.

1. Sensory cells_____ impulses by producing electrical signals
A. responding
B. to respond
C. respond to
D. respond
E. responds

2. The first engine_____heat to drive a machine was the steam engine.
A. made use of
B. to Make use of
C. of using
D. of making use
E. used of

Choose the lettered word or phrase that is most nearly opposite in meaning to the word in capital letters.

3. SIMULATED:
A. real
B. contrived
C. unassuming
D. false
E. virtual

4. MONOTHEIST:
A. psychologist
B. analyst
C. polytheist
D. physicist
E.chemist

# Sample Test Paper

Identify the word or phrase that needs to be changed for the sentence to be correct:

5. Yesterday one of the teacher was called by the Principal. No. error:
A B C D E

6. Ali finds it difficult to put his idea into words. No. error:
A B C D E

Choose the word most similar in meaning to the capitalized ones.

7. DESPAIR:
A. dejection
B. confidence
C. encouragement
D. expectation
E. hope

8. FEEBLE:
A. faint
B. strong
C. vigorous
D. sane
E. effective

Read the passage to answer the questions 9-10

It is important that we should develop an attitude of objective and clear thinking in the study of science. It will open and enlarge our minds which are the very soul of science. Experiments and research work have brought about great advancement in science. Therefore, we must realize that science is a creative activity.

9. Objective and clear thinking make the study of science:
A. Easier
B. Difficult
C. Fruitful
D. Enjoyable
E. Boring

10. Experiments and research work are:
A. Different
B. Related
C. Unrelated
D. Opposite
E. Parallel

**CHEMISTRY**

11. The rate of a chemical reaction is:
A. determined from a balanced chemical equation
B. The change in concentration of products and reactants in a certain amount of time
C. Not possible to determine experimentally
D. Expressed in units of time
E. None of the above

12. In neutralization:
A. The base is neutralized
B. The acid is neutralized
C. A salt is formed
D. Water is formed
E. All of the above

13. An alkene with 16 carbons has a molecular formula of:
A. C16 H16
B. C16 H34
C. C16 H8
D. C16 H32
E. C16 H48

14. In 80 grams of NaOH, there are:
A. 2 moles of NaOH
B. 1 mole of NaOH
C. 3 moles of NaOH
D. 0.5 moles of NaOH
E. 5 moles of NaOH

15. X-rays (Alpha) are:
A. fast moving electrons
B. protons
C. neutron
D. positively charged helium nuclei
E. negatively charged helium nuclei

16. ISO-pentane and neo-pentane are the examples of:
A. Functional group isomerism
B. Position isomerism
C. Chain isomerism
D. Metamerism
E. None of the above

**PHYSICS**

17. As the temperature of a solid increases, its specific heat:
A. increases
B. decreases
C. increases, then decreases
D. decreases, then increases
E. remains the same

18. Radiation is the chief method of energy transfer:
A. from the Sun to an Earth satellite
B. from a gas flame to water in a teakettle
C. from a soldering iron to metals being soldered
D. from water to an ice cube floating in it
E. from a mammal to the surrounding air

19. If a vibrating body is to be in resonance with another body, it must:
A. be of the same material as the other body
B. vibrate with the greatest possible amplitude
C. have a natural frequency close to the natural frequency of the other body
D. vibrate faster than usual
E. vibrate more slowly than usual

20. Which pair includes a scalar quantity and a vector quantity?
A. Kinetic energy and momentum
B. Potential energy and work
C. Velocity and acceleration
D. Weight and force
E. None of the above

21. A particle performs simple harmonic motion of amplitude 0.020 m and frequency 2.5 Hz. what is its maximum speed?
A. 0.008 ms-1
B. 0.050 ms-1
C. 0.125 ms-1
D. 0.314 ms-1
E. 0.157 ms-1

22. A generator produces 100 kw of power at a potential difference of 10 kv. The power is transmitted through cables of total resistance 5Ω. How much power is dissipated in the cables?
A. 50 W
B. 250 W
C. 500 W
D. 1000 W
E. 50000 W

**BIOLOGY**

23. End of menstrual cycle in old age is called:
A. Andropause
B. Menopause
C. Gametopause
D. Sterility
E. Hemophilia

24. Genotype ratio of Mendel's law of independent assortment is:
A. 3:1
B. 1:2:1
C. 9:3 : 3:1
D. 3:3
E. 3:2

# Sample Test Paper

25. Which of the following is a characteristic of land plants?
A. Multicellular plant body
B. Heterogamy
C. Alternation of generations
D. Cell wall
E. All of the above

26. Molds and yeasts are classified as?
A. Rhodophytes
B. Bryophytes
C. Fungi
D. Ciliates
E. Flagellates

27. Which compound captures light energy in plants?
A. O2
B. CO2
C. H2O
D. Chlorophyll
E. None of the above

28. Which is correctly associated?
A. RNA: thymine
B. DNA: uracil
C. RNA: replication
D. MRNA: picks up amino acids
E. RNA: ribose sugars

# Answer Keys

| Q#. | Right Choice |
|---|---|
| 1 | C |
| 2 | B |
| 3 | A |
| 4 | C |
| 5 | B |
| 6 | E |
| 7 | A |
| 8 | A |
| 9 | C |
| 10 | B |

| Q#. | Right Choice |
|---|---|
| 11 | B |
| 12 | E |
| 13 | D |
| 14 | A |
| 15 | D |
| 16 | C |
| 17 | E |
| 18 | A |
| 19 | C |
| 20 | A |

| Q#. | Right Choice |
|---|---|
| 21 | E |
| 22 | C |
| 23 | B |
| 24 | C |
| 25 | E |
| 26 | C |
| 27 | D |
| 28 | E |

# Admission Schedule

| S. NO. | ACTIVITY | SCHEDULE |
|---|---|---|
| 1 | Application Submission (Online) Starts From | **17 September, 2026**<br>(From: 9:00 AM) |
| 2 | Last Date of Submission (Online) | **02 October, 2026** |
| 3 | Issuance of Admit Card for Entry Test<br>Admit Card for appearing in the Entry Test can be printed / downloaded from online portal where you filled the form.<br><br>Date of Entry Test, Venue and Time will be mentioned on Admit Card. | Visit University Official Website & Online Portal Regularly<br>www.pumhs.edu.pk |
| 4 | Entry Test<br>All candidates for Admission shall have to undergo Entry Test which will be arranged by the People's University of Medical & Health Sciences for Women, Shaheed Benazirabad. | Date will be communicated through Official Website<br>www.pumhs.edu.pk |

**Note:** Request for late submission of documents will not be entertained after the closing date for submission of short documents.

# Discrimination

UNIVERSITY AUTHORITIES RESERVE RIGHTS TO RECTIFY ANY MISTAKE, ERROR, OMISSION, TYPOGRAPHY MISTAKE AT ANY STAGE OR TIME.

# PEOPLE'S UNIVERSITY
# OF MEDICAL & HEALTH SCIENCES FOR WOMEN
# SHAHEED BENAZIRABAD



**MOHTARMA BENAZIR BHUTTO SHAHEED**

People's University of Medical & Health Sciences for Women, Shaheed Benazirabad Nawab Shah, Sindh,
in accordance with approval given by the syndicate.


Contact Us +92-244-930507

Email admission@pumhs.edu.pk

Website www.pumhs.edu.pk



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